



# MAYFIELD AGED CARE "EAST WING" MAY PROGRAM

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



THURSDAY 1  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - PRAYER GROUP (LAMBTON LOUNGE)  
 2:00 PM - CROSSWORD / QUIZZES, JIGSAW PUZZLE ACTIVITIES IN EACH LOUNGE

FRIDAY 2  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **GARY DAVIDSON CONCERT** AND HAPPY HOUR (PLAZA)  
 11:30 AM - PHYSIO EXERCISES (THE PLAZA)  
 2:00 PM - BOARD GAMES, BALLOON TENNIS, OLD TV SHOWS ON IN EACH LOUNGE

SATURDAY 3  
 9:15 AM - VIRTUAL REMINISCING (DUDLEY LOUNGE ROOM TV) (RE-SPARKE ACTIVITY)  
 10:30 AM - CARPET BOWLS (DUDLEY LOUNGE ROOM)

SUNDAY 4  
 9:15 AM - VIRTUAL MUSIC/ VISUAL REMINISCING (DUDLEY LOUNGE ROOM TV)  
 10:30 AM - HOUSIE (DUDLEY ROOM)

MONDAY 5  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **TENPIN BOWLING**  
 2:00 PM - MOVIE MUSIC, NAME THAT TUNE GAME, WORD SEARCH

TUESDAY 6  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **PHYSIO EXERCISES** - (WARATAH LOUNGE)  
 10:30 AM - **BUS OUTING**  
 2:00 PM - WALKING GROUP, BALL GAMES, MOVIE IN EACH LOUNGE ROOM

WEDNESDAY - FOOTY TIPPING 7  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - HOUSIE IN DUDLEY  
 11:00 AM - KNITTING GROUP (PLAZA)  
 11:30 PM - **PHIL McLeod, Piano**, Plaza  
 2:00 PM - WALKING GROUP, CRAFT, MUSIC THERAPY IN EACH LOUNGE

THURSDAY 8  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **COMBINED SERVICE** (THE PLAZA)  
 11:00 - **VISIT FROM THE SENIORS' RIGHTS REPRESENTATIVE (THE PLAZA)**  
 2:00 PM - PAINTING, QUIZ AND RIMINISING IN EACH LOUNGE

FRIDAY - **PRE-MOTHER'S DAY CELEBRATION!** 9  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **PHIL SIEVER CONCERT** HAPPY HOUR/ HIGH TEA (PLAZA)  
 11:30 AM - PHYSIO EXERCISES (THE PLAZA)  
 2:00 PM - MOVIE, CROSSWORD, COLOURING ACTIVITIES ON TV IN EACH LOUNGE AND MOTHER'S DAY

SATURDAY 10  
 9:15 AM - VIRTUAL REMINISCING (DUDLEY LOUNGE ROOM TV) (RE-SPARKE ACTIVITY)  
 10:30 AM - CARPET BOWLS (DUDLEY LOUNGE ROOM)

SUNDAY 11  
**HAPPY MOTHER'S DAY!**  
 9:15 AM - VIRTUAL MUSIC/ VISUAL REMINISCING (DUDLEY LOUNGE ROOM TV)  
 10:30 AM - HOUSIE (DUDLEY ROOM)  
**MOTHER'S DAY REMINISCING**

MONDAY 12  
**INTERNATIONAL NURSES DAY**  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **LES, PIANO** (THE PLAZA)  
 COFFEE CLUB - **REMINISCING AND APPRECIATION OF NURSES**  
 2:00 PM - WALKING GROUP, CROSSWORD, MOVIE IN EACH LOUNGE ROOM

TUESDAY 13  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **PHYSIO EXERCISES** - (WARATAH LOUNGE)  
 10:30 AM - **BUS OUTING**  
 2:00 PM - CATHOLIC MASS (WARATAH LOUNGE), COLOURING CROSSWORDS IN EACH LOUNGE ROOM

WEDNESDAY 14  
 10:15 AM NEWSPAPER HIGHLIGHTS  
 10:30 AM - HOUSIE IN DUDLEY  
 11:00 AM - KNITTING GROUP (PLAZA)  
 11:30 PM - **PHIL McLeod, Piano**, Plaza  
 2:00 PM - WALKING GROUP, SENSORY ACTIVITIES, RESPARKE DOCUMENTARY ON BUCKINGHAM PALACE ON TV IN EACH LOUNGE

THURSDAY 15  
 10:15 AM NEWSPAPER HIGHLIGHTS  
 10:30 AM - PRAYER GROUP (LAMBTON LOUNGE)  
 2:00 PM - MOVIE, COOKING CRAPES, SENSORY/TASTE ACTIVITIES IN EACH LOUNGE

FRIDAY 16  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **RAY O'GRADY CONCERT** AND HAPPY HOUR (PLAZA)  
 11:30 AM - PHYSIO EXERCISES (THE PLAZA)  
 2:00 PM - SENSORY, CRAFT, MEN SHED SHOW ON TV IN EACH LOUNGE

SATURDAY 17  
 9:15 AM - VIRTUAL REMINISCING (DUDLEY LOUNGE ROOM TV) (RE-SPARKE ACTIVITY)  
 10:30 AM - CARPET BOWLS (DUDLEY LOUNGE ROOM)

SUNDAY 18  
 9:15 AM - VIRTUAL MUSIC/ VISUAL REMINISCING (DUDLEY LOUNGE ROOM TV)  
 10:30 AM - HOUSIE (DUDLEY ROOM)

MONDAY 19  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **RESIDENTS MEETING** (DUDLEY ROOM)  
 2:00 PM - WALKING GROUP, MOVIE AND SENSORY ACTIVITIES IN LOUNGE ROOM

TUESDAY 20  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **PHYSIO EXERCISES** - (WARATAH LOUNGE)  
 10:30 AM - **BUS OUTING**  
 2:00 PM - CROSSWORD / QUIZZES, JIGSAW PUZZLE ACTIVITIES IN LOUNGE ROOM

WEDNESDAY- FOOTY TIPPING 21  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - HOUSIE IN DUDLEY  
 11:00 AM - KNITTING GROUP (PLAZA)  
 11:30 PM - **PHIL McLeod, Piano**, Plaza  
 2:00 PM - WALKING GROUP, JIGSAW PUZZLE, MUSIC THERAPY IN EACH LOUNGE

THURSDAY 22  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - PRAYER GROUP (LAMBTON LOUNGE)  
 2:00 PM - MOVIE, SENSORY AND COLOURING ACTIVITIES IN EACH LOUNGE

FRIDAY 23  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **GREG MASON CONCERT** AND HAPPY HOUR (PLAZA)  
 11:30 AM - PHYSIO EXERCISES (THE PLAZA)  
 2:00 PM - SNAKE & LADDERS, WORD SEARCH, WILLIE NELSON CONCERT ON TV IN EACH LOUNGE

SATURDAY 24  
 9:15 AM - VIRTUAL REMINISCING (DUDLEY LOUNGE ROOM TV) (RE-SPARKE ACTIVITY)  
 10:30 AM - CARPET BOWLS (DUDLEY LOUNGE ROOM)

SUNDAY 25  
 9:15 AM - VIRTUAL MUSIC/ VISUAL REMINISCING (DUDLEY LOUNGE ROOM TV)  
 10:30 AM - HOUSIE (DUDLEY ROOM)

MONDAY 26  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - RE-SPAKE - VIRTUAL QUIZ/TRIVIA (DUDLEY ROOM)  
 2:00 PM - WALKING GROUP, COLOURING IN AND MUSIC THERAPY IN EACH LOUNGE ROOM

TUESDAY 27  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **PHYSIO EXERCISES** - (WARATAH LOUNGE)  
 10:30 AM - **BUS OUTING**  
 2:00 PM - BALLOON TENNIS, MUSIC THERAPY, RIMINISCING OF SPORTS IN EACH LOUNGE

WEDNESDAY- FOOTY TIPPING 28  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - HOUSIE IN DUDLEY  
 11:00 AM - KNITTING GROUP (PLAZA)  
 11:30 PM - **PHIL McLeod, Piano**, Plaza  
 2:00 PM - WALKING GROUP, PAINTING, COLOURING IN EACH LOUNGE

THURSDAY 29  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - PRAYER GROUP (LAMBTON LOUNGE)  
 2:00 PM - BOOK CLUB, POEMS, BOARD GAMES IN EACH LOUNGE

FRIDAY 30  
 10:15 AM - NEWSPAPER HIGHLIGHTS  
 10:30 AM - **WAYNE ROGER'S CONCERT** AND HAPPY HOUR (PLAZA)  
 11:30 AM - PHYSIO EXERCISES (THE PLAZA)  
 2:00 PM - KARAOKE/ MUSIC THERAPY, BALL GAMES IN EACH LOUNGE

SATURDAY 31  
 9:15 AM - VIRTUAL REMINISCING (DUDLEY LOUNGE ROOM TV) (RE-SPARKE ACTIVITY)  
 10:30 AM - CARPET BOWLS (DUDLEY LOUNGE ROOM)