



MAYFIELD AGED CARE "WEST WING" MAY PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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THURSDAY- 1 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – PRAYER GROUP (WARATAH LOUNGE) BUS OUTING TO BUNNINGS 2:00 PM – CROSSWORD / QUIZZES, JIGSAW PUZZLE ACTIVITIES IN EACH LOUNGE	FRIDAY 2 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – GARY DAVIDSON CONCERT AND HAPPY HOUR (PLAZA) 11:30 AM – PHYSIO EXERCISES (THE PLAZA) 2:00 PM – BOARD GAMES, BALLOON TENNIS, OLD TV SHOWS ON IN EACH LOUNGE	SATURDAY 3 SATURDAY 9:15 AM – REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30 AM – CRAFT (RE-SPARKE ACTIVITY) (MEREWETHER LOUNGE)	SUNDAY 4 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30 AM – HOUSIE (MEREWETHER ROOM)
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MONDAY 5 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – LES, PIANO (MEREWETHER LOUNGE) 2:00 PM – MUSIC REMINISCING, NAME THAT TUNE, WORD SEARCH	TUESDAY 6 NATIONAL NURSES DAY 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – PHYSIO EXERCISES - (WARATAH LOUNGE) 2:00 PM – WALKING GROUP, BALL GAMES, MOVIE IN EACH LOUNGE ROOM	WEDNESDAY 7 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – WALKING GROUP, CRAFT, MUSIC THERAPY IN EACH LOUNGE	THURSDAY 8 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – COMBINED SERVICE (THE PLAZA) 11:00 – VISIT FROM THE SENIORS' RIGHTS REPRESENTATIVE (THE PLAZA) 2:00 PM – PAINTING, QUIZ AND RIMINISCING IN EACH LOUNGE	FRIDAY PRE- MOTHER'S DAY CELEBRATION! 9 NEWSPAPER HIGHLIGHTS 10:30 AM – PHIL SIEVER CONCERT HAPPY HOUR/ HIGH TEA (PLAZA) 11:30 AM – PHYSIO EXERCISES (THE PLAZA) 2:00 PM – MOVIE, CROSSWORD, COLOURING ACTIVITIES ON TV IN EACH LOUNGE AND MOTHER'S DAY GIFT PACKING WITH RESIDENTS.	SATURDAY 10 9:15 AM – HEALING MUSIC WITH HORSES (RE-SPARKE ACTIVITY) (MEREWETHER LOUNGE ROOM) 10:30 AM – GAME OF GOLF (MEREWETHER LOUNGE)	SUNDAY 11 HAPPY MOTHER'S DAY! 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30 AM – HOUSIE (MEREWETHER ROOM) MOTHER'S DAY REMINISCING
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MONDAY 12 INTERNATIONAL NURSES DAY 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – COFFEE CLUB/ QUIZZES REMINISCING AND APPRECIATION OF NURSES (MEREWETHER LOUNGE ROOM) 2:00 PM – WALKING GROUP, CROSSWORD, MOVIE IN EACH LOUNGE ROOM	TUESDAY 13 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – PHYSIO EXERCISES - (WARATAH LOUNGE) 2:00 PM – CATHOLIC MASS (WARATAH LOUNGE) COLOURING CROSSWORDS IN EACH LOUNGE ROOM	WEDNESDAY 14 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – WALKING GROUP, SENSORY ACTIVITIES, RESPARKE DOCUMENTARY ON BUCKINGHAM PALACE ON TV IN EACH LOUNGE	THURSDAY 15 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – PRAYER GROUP (WARATAH LOUNGE) 10:30 AM – BUS OUTING 2:00 PM – COOKING CRAPES, SENSORY/TASTE ACTIVITIES IN EACH LOUNGE	FRIDAY 16 NEWSPAPER HIGHLIGHTS 10:30 AM – RAY O'GRADY CONCERT AND HAPPY HOUR (PLAZA) 11:30 AM – PHYSIO EXERCISES (THE PLAZA) 2:00 PM – SENSORY, CRAFT, MEN SHED SHOW ON TV IN EACH LOUNGE	SATURDAY 17 9:15 AM – REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30 AM – QUIZ & TRIVIA ON (RE-SPARKE ACTIVITY) (MEREWETHER LOUNGE)	SUNDAY 18 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30 AM – HOUSIE (MEREWETHER ROOM)
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MONDAY 19 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – LES, PIANO (MEREWETHER LOUNGE) 2:00 PM – WALKING GROUP, MOVIE AND SENSORY ACTIVITIES IN LOUNGE ROOM	TUESDAY 20 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – PHYSIO EXERCISES - (WARATAH LOUNGE) 2:00 PM – CROSSWORD / QUIZZES, JIGSAW PUZZLE ACTIVITIES IN LOUNGE ROOM	WEDNESDAY 21 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – WALKING GROUP, JIGSAW PUZZLE, MUSIC THERAPY IN EACH LOUNGE	THURSDAY 22 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – PRAYER GROUP (WARATAH LOUNGE) 10:30 AM - BUS OUTING 2:00 PM – MOVIE, SENSORY AND COLOURING ACTIVITIES IN EACH LOUNGE	FRIDAY 23 NEWSPAPER HIGHLIGHTS 10:30 AM – GREG MASON CONCERT AND HAPPY HOUR (PLAZA) 11:30 AM – PHYSIO EXERCISES (THE PLAZA) 2:00 PM – SNAKE & LADDERS, WORD SEARCH, WILLIE NELSON CONCERT ON TV IN EACH LOUNGE	24 9:15 AM – RELAXING MUSIC (MEREWETHER LOUNGE ROOM) (RE-SPARKE ACTIVITY)	SUNDAY 25 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30 AM – HOUSIE (MEREWETHER ROOM)
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MONDAY 26 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – RESIDENTS MEETING (MEREWETHER LOUNGE) 2:00 PM – WALKING GROUP, COLOURING IN AND MUSIC THERAPY IN EACH LOUNGE ROOM	TUESDAY 27 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – PHYSIO EXERCISES - (WARATAH LOUNGE) 2:00 PM – BALLOON TENNIS, MUSIC THERAPY, RIMINISCING OF SPORTS IN EACH LOUNGE	WEDNESDAY 28 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – WALKING GROUP, PAINTING, COLOURING IN EACH LOUNGE	THURSDAY 29 10:15 AM NEWSPAPER HIGHLIGHTS 10:30 AM – PRAYER GROUP (WARATAH LOUNGE) 10:30 AM - BUS OUTING 2:00 PM – BOOK CLUB, POEMS, BOARD GAMES IN EACH LOUNGE	FRIDAY 30 NEWSPAPER HIGHLIGHTS 10:30 AM – WAYNE ROGERS CONCERT AND HAPPY HOUR (PLAZA) 11:30 AM – PHYSIO EXERCISES (THE PLAZA) 2:00 PM – KARAOKE/ MUSIC THERAPY, BALL GAMES IN EACH LOUNGE	SATURDAY 31 9:15 AM – RELAXING MUSIC MEREWETHER LOUNGE ROOM 10:30 AM – VIRTUAL REMINISCING (RE-SPARKE ACTIVITY) (MEREWETHER LOUNGE)
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