



MAYFIELD AGED CARE "WEST WING" JULY PROGRAM 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MONDAY 1 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - SIMPLE MEAL PRESENTATION (MEREWETHER LOUNGE) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - WALKING GROUP & TRIVIA/ QUIZ (CHARLESTOWN COURTYARD)	TUESDAY 2 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - GENTLE CHAIR TAI CHI (MEREWETHER LOUNGE) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - REMINISCING (CHARLESTOWN LOUNGE)	WEDNESDAY - FOOTY TIPPING 3 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - HOUSIE - (MEREWETHER LOUNGE) 2:00PM - MOVIE AND HIGH TEA TREATS (MEREWETHER LOUNGE)	THURSDAY - FOOTY TIPPING 4 10:30AM - BUS OUTING TO STRIKE BOWLING WARNERSBAY 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - PRAYER GROUP (CHARLESTOWN LOUNGE) 11:00AM - PRAYER GROUP (HAMILTON LOUNGE) 2:00PM - PHYSIO - (THE PLAZA)	FRIDAY 5 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - PHILL SIEVER CONCERT AND HAPPY (THE PLAZA) 2:30PM - PIANO WITH PHIL MCLEOD AND INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 6 9:15AM - REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30AM - TEN PIN BOWLING (MEREWETHER LOUNGE)	SUNDAY 7 9:15AM - VIRTUAL MUSIC/ VISUAL RIMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30AM - HOUSIE (MEREWETHER ROOM)
MONDAY 8 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - RESIDENT'S MEETING (MEREWETHER LOUNGE) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - WALKING GROUP & TRIVIA/ QUIZ (CHARLESTOWN COURTYARD)	TUESDAY 9 10:00AM - MOVIE AND TABLE ACTIVITIES IN (CHARLESTOWN AND HAMILTON LOUNGE) 10:30AM - ACTIVITIES MEETING 2:00PM - COMBINED CATHOLIC SERVICE (WARATAH LOUNGE)	WEDNESDAY - FOOTY TIPPING / LIBRARY COLLECTION 10 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - HOUSIE - (MEREWETHER LOUNGE) 2:00PM - MOVIE AND HIGH TEA TREATS (MEREWETHER LOUNGE)	THURSDAY - FOOTY TIPPING / LIBRARY DELIVERY 11 10:30AM - MEN'S SHED OUTING TO HAMILTON 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - COMBINED SERVICE (THE PLAZA) 2:00PM - PHYSIO - (THE PLAZA)	FRIDAY 12 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - RAINBOW CONNECTION CONCERT AND HAPPY (THE PLAZA) 2:30PM - PIANO WITH PHIL MCLEOD AND INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 13 9:15AM - REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30AM - CONNECT FOUR (MEREWETHER LOUNGE)	SUNDAY 14 9:15AM - VIRTUAL MUSIC/ VISUAL RIMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30AM - HOUSIE (MEREWETHER ROOM)
MONDAY 15 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - PIANO WITH LES (THE PLAZA) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - WALKING GROUP & TRIVIA/ QUIZ (CHARLESTOWN COURTYARD)	TUESDAY 16 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - GENTLE CHAIR YOGA (MEREWETHER LOUNGE) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - BOOK CLUB (CHARLESTOWN LOUNGE)	WEDNESDAY - FOOTY TIPPING 17 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - HOUSIE - (MEREWETHER LOUNGE) 2:00PM - MOVIE AND HIGH TEA TREATS (MEREWETHER LOUNGE)	THURSDAY - FOOTY TIPPING 18 10:30AM - BUS SCENIC OUTING 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - PRAYER GROUP (CHARLESTOWN LOUNGE) 11:00AM - PRAYER GROUP (HAMILTON LOUNGE) 2:00PM - PHYSIO - (THE PLAZA)	FRIDAY 19 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - TEN PIN BOWLING (MEREWETHER LOUNGE) 2:00PM - ADAM PRICE CONCERT AND INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 20 9:15AM - REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30AM - BIG BOB'S BOWLING (MEREWETHER LOUNGE)	SUNDAY 21 9:15AM - VIRTUAL MUSIC/ VISUAL RIMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30AM - HOUSIE (MEREWETHER ROOM)
MONDAY 22 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - PAINT AND SIP (MEREWETHER ACTIVITY ROOM) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - WALKING GROUP & TRIVIA/ QUIZ (CHARLESTOWN COURTYARD)	TUESDAY 23 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - GENTLE CHAIR TAI CHI (MEREWETHER LOUNGE) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - BALLOON TENNIS (CHARLESTOWN LOUNGE)	WEDNESDAY - FOOTY TIPPING 24 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - HOUSIE - (MEREWETHER LOUNGE) 2:00PM - MOVIE AND HIGH TEA TREATS (MEREWETHER LOUNGE)	THURSDAY - FOOTY TIPPING 25 10:30AM - GREG MASON - WINTER WONDERLAND THEME DAY (MEREWETHER AREA) 2:00PM - PHYSIO - (THE PLAZA)	FRIDAY 26 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - BIRTHDAY OF THE MONTH CELEBRATION / BIRTHDAY BEAR VISIT AND HAPPY HOUR WITH SONYA LEE CONCERT (THE PLAZA) 2:30PM - PIANO WITH PHIL MCLEOD AND INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 27 9:15AM - REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30AM - CARPET BOWLS (MEREWETHER LOUNGE)	SUNDAY 28 9:15AM - VIRTUAL MUSIC/ VISUAL RIMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30AM - HOUSIE (MEREWETHER ROOM)
MONDAY 29 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - PIANO WITH LES (THE PLAZA) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - WALKING GROUP & TRIVIA/ QUIZ (CHARLESTOWN COURTYARD)	TUESDAY 30 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - GENTLE CHAIR YOGA (MEREWETHER LOUNGE) 11:30AM - PHYSIO (MEREWETHER LOUNGE) 2:00PM - COOKING (CHARLESTOWN LOUNGE)	WEDNESDAY - FOOTY TIPPING 31 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - HOUSIE - (MEREWETHER LOUNGE) 2:00PM - MOVIE AND HIGH TEA TREATS (MEREWETHER LOUNGE)				