



MAYFIELD AGED CARE "EAST WING" AUGUST PROGRAM 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			THURSDAY – FOOTY TIPPING 1 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PRAYER GROUP (LAMBTON LOUNGE) 11:00AM - PRAYER GROUP & 11:30AM - CHOIR (SWANSEA LOUNGE) 2:00PM – PHYSIO - (THE PLAZA)	FRIDAY 2 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM – GERG MASON CONCERT AND HAPPY HOUR (THE PLAZA) 2:00PM – INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 3 9:15AM – 50/60'S REMINISCING MUSIC DUDLEY ROOM 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	SUNDAY 4 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV) 10:30AM – HOUSIE (DUDLEY ROOM)
MONDAY 5 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – OLYMPIC FUN/ HAPPY HOUR (THE PLAZA) 11:30AM – PHYSIO (THE PLAZA) 2:00PM – WALKING GROUP & TRIVIA/ QUIZ/CARD GAMES (SWANSEA COURTYARD)	TUESDAY 6 10:30AM – BUS LUNCH OUTING REGALL INN 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – GENTLE CHAIR THAI CHI (DUDLEY ACTIVITY ROOM) 2:00PM – STAND UP EXERCISE GROUP WITH PHYSIO (DUDLEY ROOM)	WEDNESDAY – FOOTY TIPPING 7 LIBRARY COLLECTION 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HOUSIE - (DUDLEY LOUNGE) 11:00AM – KNITTING GROUP (THE PLAZA) 2:00PM – OLYMPIC CHEER ON TV AND HIGH TEA TREATS (LAMBTON & SWANSEA LOUNGE)	THURSDAY – FOOTY TIPPING / LIBRARY DELIVERY 8 10:30AM – SHOPPING TRIP TO MT HUTTON SHOPPING CENTRE 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – COMBINED SERVICE (THE PLAZA) 2:00PM – PHYSIO - (THE PLAZA)	FRIDAY 9 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM – RAY O'GRADY CONCERT AND HAPPY HOUR (THE PLAZA) 2:00PM – INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 10 9:15AM – 50/60'S REMINISCING MUSIC DUDLEY ROOM 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	SUNDAY 11 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV) 10:30AM – HOUSIE (DUDLEY ROOM)
MONDAY 12 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PIANO WITH LES (THE PLAZA) 11:30AM – PHYSIO (THE PLAZA) 2:00PM – WALKING GROUP & TRIVIA/ QUIZ/CARD GAMES (SWANSEA COURTYARD)	TUESDAY 13 10:00AM – MOVIE AND TABLE ACTIVITIES IN LOUNGE ROOMS AREAS 10:30AM - ACTIVITIES MEETING 2:00PM – COMBINED CATHOLIC SERVICE (WARATAH LOUNGE) 2:00PM - STAND UP EXERCISE GROUP WITH PHYSIO (DUDLEY ROOM)	WEDNESDAY – FOOTY TIPPING 14 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HOUSIE - (DUDLEY LOUNGE) 11:00AM – KNITTING GROUP (THE PLAZA) 2:00PM – OLYMPIC CHEER ON TV AND HIGH TEA TREATS (LAMBTON & SWANSEA LOUNGE)	THURSDAY – FOOTY TIPPING 15 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PRAYER GROUP (LAMBTON LOUNGE) 11:00AM - PRAYER GROUP & 11:30AM - CHOIR (SWANSEA LOUNGE) 2:00PM – PHYSIO - (THE PLAZA)	FRIDAY 16 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM – KERRY GRANT AND HAPPY HOUR (THE PLAZA) 2:00PM – ADAM PRICE AND INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 17 9:15AM – 50/60'S REMINISCING MUSIC DUDLEY ROOM 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	SUNDAY 18 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV) 10:30AM – HOUSIE (DUDLEY ROOM)
MONDAY 19 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – RESIDENT'S MEETING (THE PLAZA) 11:30AM – PHYSIO (THE PLAZA) 2:00PM – WALKING GROUP & TRIVIA/QUIZ/CARD GAMES (SWANSEA COURTYARD)	TUESDAY 20 10:30AM – BUS OUTING TO BERESFIELD BOWLING CLUB 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PIANO WITH LES (THE PLAZA) 2:00PM – STAND UP EXERCISE GROUP WITH PHYSIO (DUDLEY ROOM)	WEDNESDAY – FOOTY TIPPING 21 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HOUSIE - (DUDLEY LOUNGE) 11:00AM – KNITTING GROUP (THE PLAZA) 2:00PM – MOVIE AND HIGH TEA TREATS (LAMBTON & SWANSEA LOUNGE)	THURSDAY – FOOTY TIPPING 22 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PRAYER GROUP (LAMBTON LOUNGE) 11:00AM - PRAYER GROUP & 11:30AM - CHOIR (SWANSEA LOUNGE) 2:00PM – PHYSIO - (THE PLAZA)	FRIDAY - THEME DAY 23 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM – ROCK AROUND THE CLOCK PARTY (THEME DAY) WITH THE ROCK AND ROLL DANCERS. (THE PLAZA) 2:00PM – INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 24 9:15AM – 50/60'S REMINISCING MUSIC DUDLEY ROOM 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	SUNDAY 25 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV) 10:30AM – HOUSIE (DUDLEY ROOM)
MONDAY 26 10:30AM – MENS SOCIAL BBQ AND CARD GAMES/ DARTS ON SWANSEA COURTYARD 10:30AM – LADIES SOCIAL COFFEE CLUB AND TRIVIA – THE PLAZA 2:00PM – WALKING GROUP & TRIVIA (SWANSEA COURTYARD)	TUESDAY 27 10:30AM – SCENIC BUS OUTING 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – WARATAH MALE VOICE CHOIR CONCERT (THE PLAZA) 2:00PM – STAND UP EXERCISE GROUP WITH THE PHYSIO (DUDLEY ROOM)	WEDNESDAY – FOOTY TIPPING 28 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HOUSIE - (DUDLEY LOUNGE) 11:00AM – KNITTING GROUP (THE PLAZA) 2:00PM – MOVIE AND HIGH TEA TREATS (LAMBTON & SWANSEA LOUNGE)	THURSDAY – FOOTY TIPPING 29 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PRAYER GROUP (LAMBTON LOUNGE) 11:00AM - PRAYER GROUP & 11:30AM - CHOIR (SWANSEA LOUNGE) 2:00PM – PHYSIO - (THE PLAZA)	FRIDAY 30 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM – BIRTHDAY OF THE MONTH CELEBRATION / BIRTHDAY BEAR VISIT AND HAPPY HOUR WITH WAYNE ROGER'S CONCERT (THE PLAZA) 2:00PM – INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	SATURDAY 31 9:15AM – 50/60'S REMINISCING MUSIC DUDLEY ROOM 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	