



MAYFIELD AGED CARE "WEST WING" MARCH PROGRAM 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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MAYFIELD AGED CARE OPEN DAY 29TH OF MARCH AT 10:30 AM

					SATURDAY 1 9:15 AM – REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:00 AM – EXERCISE ACTIVE (1) (RE-SPARKE ACTIVITY) (MEREWETHER LOUNGE)	SUNDAY 2 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:00 AM – HOUSIE (MEREWETHER ROOM)
MONDAY 3 NEWSPAPER HIGHLIGHTS 10:30 AM – ACTIVITIES MEETING RE-SPAKE MOVIE - STARS ARE SINGING – ROSEMARY CLOONEY LOUNGE ROOMS 2:00 PM – INDIVIDUAL ROOM VISITS	TUESDAY 4 NEWSPAPER HIGHLIGHTS 10:00 AM – PHYSIO EXERCISES - (WARATAH LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	WEDNESDAY 5 NEWSPAPER HIGHLIGHTS 10:00 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – INDIVIDUAL ROOM VISITS	THURSDAY - BUS OUTING 6 NEWSPAPER HIGHLIGHTS 10:00 AM – PRAYER GROUP (WARATAH LOUNGE) 10:30 AM - PHYSIO - (WARATAH LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	FRIDAY - BUS OUTING – SENIOR 7 10:30 AM – LIFESTYLE EXPO NEWCASTLE NEWSPAPER HIGHLIGHTS 10:30 AM – GARY DAVIDSON CONCERT AND HAPPY HOUR (PLAZA) 2:30 PM – Phil McLeod – Piano (THE PLAZA)	SATURDAY 8 9:15 AM – HEALING MUSIC WITH HORSES (RE-SPARKE ACTIVITY) (MEREWETHER LOUNGE ROOM) 10:00 AM – GAME OF GOLF (MEREWETHER LOUNGE)	SUNDAY 9 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:00 AM – HOUSIE (MEREWETHER ROOM)
MONDAY 10 NEWSPAPER HIGHLIGHTS 10:00 AM – LES PIANO (MEREWETHER LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	TUESDAY 11 NEWSPAPER HIGHLIGHTS 10:00 AM – PHYSIO EXERCISES - (WARATAH LOUNGE) 2:00 PM – CATHOLIC MASS (WARATAH LOUNGE)	WEDNESDAY 12 LIBRARY COLLECTION NEWSPAPER HIGHLIGHTS 10:00 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – INDIVIDUAL ROOM VISITS	THURSDAY - BUS OUTING 13 LIBRARY DELIVERY NEWSPAPER HIGHLIGHTS 10:00 AM – COMBINED SERVICE (THE PLAZA) 10:30 AM – PHYSIO EXERCISES (THE PLAZA) 2:00 PM – INDIVIDUAL ROOM VISITS	FRIDAY - PRE ST PATRICKS- THEME CONCERT 14 NEWSPAPER HIGHLIGHTS 10:30 AM – PHIL SIEVER CONCERT AND HAPPY HOUR (THE PLAZA) 2:30 PM – Phil McLeod – Piano (THE PLAZA)	SATURDAY 15 9:15 AM – REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:00 AM – EXERCISE ACTIVE (2) (RE-SPARKE ACTIVITY) (MEREWETHER LOUNGE)	SUNDAY 16 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:00 AM – HOUSIE (MEREWETHER ROOM)
MONDAY SAINT PATRICKS DAY! 17 NEWSPAPER HIGHLIGHTS 10:00 AM – RESIDENTS MEETING (MEREWETHER LOUNGE) 2:00 PM – AND INDIVIDUAL ROOM VISITS	TUESDAY 18 NEWSPAPER HIGHLIGHTS 10:00 AM – PHYSIO EXERCISES - (WARATAH LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	WEDNESDAY 19 NEWSPAPER HIGHLIGHTS 10:00 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – AND INDIVIDUAL ROOM VISITS	THURSDAY - BUS OUTING 20 NEWSPAPER HIGHLIGHTS 10:00 AM – PRAYER GROUP (WARATAH LOUNGE) 10:30 AM - PHYSIO - (WARATAH LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	FRIDAY 21 NEWSPAPER HIGHLIGHTS 10:30 AM – GREG MASON CONCERT AND HAPPY HOUR (THE PLAZA) 2:30 PM – Phil McLeod – Piano (THE PLAZA)	SATURDAY 22 9:15 AM – ANIMAL THERAPY & RELAXING MUSIC (MEREWETHER LOUNGE ROOM) (RE-SPARKE ACTIVITY) 10:00 AM – GAME OF TEN PIN BOWLING (MEREWETHER LOUNGE)	SUNDAY 23 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:00 AM – HOUSIE (MEREWETHER ROOM)
MONDAY 24 NEWSPAPER HIGHLIGHTS 10:00 AM – LES PIANO (MEREWETHER LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	TUESDAY 25 NEWSPAPER HIGHLIGHTS 10:00 AM – PHYSIO EXERCISES - (WARATAH LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	WEDNESDAY 26 NEWSPAPER HIGHLIGHTS 10:00 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – INDIVIDUAL ROOM VISITS	THURSDAY - BUS OUTING 27 NEWSPAPER HIGHLIGHTS 10:00 AM – PRAYER GROUP (WARATAH LOUNGE) 10:30 AM - PHYSIO - (WARATAH LOUNGE)	FRIDAY - BIRTHDAY BEAR VISIT 28 NEWSPAPER HIGHLIGHTS 10:30 AM – WAYNE ROGERS CONCERT AND HAPPY HOUR (THE PLAZA) 2:30 PM – Phil McLeod – Piano (THE PLAZA)	SATURDAY 29 10:00 AM – MAYFIELD AGED CARE OPEN DAY! BBQ / COFFEE VAN AND ACTIVITIES ON THE DAY!	SUNDAY 30 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE) 10:00 AM – HOUSIE (MEREWETHER ROOM)
MONDAY 31 NEWSPAPER HIGHLIGHTS 10:00 AM – TEN PIN BOWLING (WARATAH LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS						