

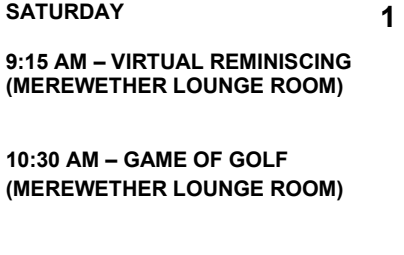
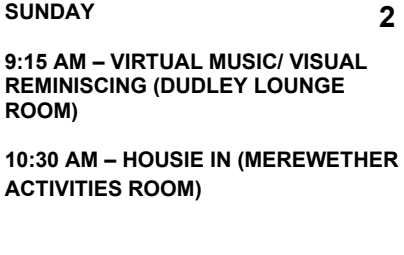


MAYFIELD AGED CARE “WEST WING” NOVEMBER PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						
MONDAY 3 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – GAME OF HOY (THE PLAZA) 11:30 AM - **XMAS SHOPPING GIFTS FOR PURCHASE (PLAZA) ** 2:00 PM – WALKS IN THE GARDENS - MEET AT THE PLAZA AND XMAS TREE DECORATION ACTIVITIES (MEREWETHER LOUNGE)	TUESDAY - MELBOURNE CUP DAY 4 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – MELBOURNE CUP ACTIVITY (THE PLAZA) 2:00 PM – **RACE THAT STOPS THE NATION HAPPY HOUR/ SWEEPS/ BEST DRESS/FACINATOR PRIZES** (DUDLEY)	WEDNESDAY 5 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER ACTIVITY ROOM 11:00 AM – KNITTING GROUP (PLAZA) 11:30 AM- PHIL McLEOD PIANO PLAZA 1:30 PM – RESIDENTS AND STAFF BBQ THE PLAZA COURTYARD 2:00 PM – GOLF COMP (THE PLAZA COURTYARD)	THURSDAY 6 10:30 AM – **BUS OUTING, NEWCASTLE ART GALLERY** 10:15 AM - NEWSPAPER READING 10:30 AM – PRAYER GROUP, PLAZA 11:00 AM – STAND-UP EXERCISES (DUDLEY) 2:00 PM – XMAS PAINTING (DUDLEY ACTIVITY ROOM)	FRIDAY 7 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – ** CONCERT WITH GARY DAVIDSON AND HAPPY HOUR (PLAZA)** 11:30 AM - **XMAS SHOPPING GIFTS FOR PURCHASE (PLAZA)** 2:00 PM – MOVIE, ICE CREAM TREATS IN EACH LOUNGE ROOM	SATURDAY 8 9:15 AM – VIRTUAL REMINISCING (MEREWETHER LOUNGE ROOM) 10:30 AM – CARPET BOWLS (MEREWETHER LOUNGE ROOM)	SUNDAY 9 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (DUDLEY LOUNGE ROOM) 10:30 AM – HOUSIE IN (MEREWETHER ACTIVITIES ROOM)
MONDAY 10 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – LES PIANO (MEREWETHER LOUNGE) 11:30 AM - **XMAS SHOPPING GIFTS FOR PURCHASE (PLAZA)** 2:00 PM – WALKS IN THE GARDENS - MEET AT CHARLESTOWN COURTYARD AND XMAS TREE / DECORATION ACTIVITIES (CHARLESTOWN LOUNGE)	TUESDAY - REMEMBRANCE DAY 11 10:30 AM – **BUS OUTING, HUNTER BOTANICAL GARDENS** 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – REMEMBRANCE DAY SERVICE (THE PLAZA) 11:00 AM – SEATED PHYSIO (THE PLAZA) 2:00 PM – CATHOLIC MASS (WARATAH LOUNGE)	WEDNESDAY 12 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER ACTIVITY ROOM 11:00 AM – KNITTING GROUP (PLAZA) 11:30 AM - PHIL McLEOD PIANO PLAZA 2:00 PM – POETRY WITH KATHY SWANSEA LOUNGE	THURSDAY 13 10:30 AM – **SCENIC BUS OUTING** 10:15 AM - NEWSPAPER READING 10:30 AM – COMBINED SERVICE (PLAZA) 11:00 AM – STAND-UP EXERCISES (DUDLEY) 2:00 PM – COOKING ROCKY ROAD (DUDLEY ACTIVITY ROOM)	FRIDAY 14 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – ** CONCERT WITH WAYNE ROGERS AND HAPPY HOUR (PLAZA)** 11:30 AM - XMAS SHOPPING GIFTS FOR PURCHASE (PLAZA) 2:00 PM – MOVIE, ICE CREAM TREATS IN EACH LOUNGE ROOM	SATURDAY 15 9:15 AM – VIRTUAL REMINISCING (MEREWETHER LOUNGE ROOM) 10:30 AM – WHITEBOARD GAMES (MEREWETHER LOUNGE ROOM)	SUNDAY 16 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (DUDLEY LOUNGE ROOM) 10:30 AM – HOUSIE IN (MEREWETHER ACTIVITIES ROOM)
MONDAY 17 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – RESIDENTS MEETING (MEREWETHER LOUNGE) 11:30 AM - **XMAS SHOPPING GIFTS FOR PURCHASE (PLAZA) ** 2:00 PM – WALKS IN THE GARDENS MEET AT CHARLESTOWN COURTYARD AND XMAS TREE/ DECORATION ACTIVITIES (HAMILTON LOUNGE)	TUESDAY 18 10:30 AM – **BUS OUTING, NEWCASTLE MUSEUM** 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – OLD WIVES TALES (WARATAH LOUNGE) 11:00 AM – SEATED PHYSIO (WARATAH LOUNGE) 2:00 PM – KARAOKE SINGING (DUDLEY ACTIVITIES)	WEDNESDAY 19 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER ACTIVITY ROOM 11:00 AM – KNITTING GROUP (PLAZA) 11:30 AM - PHIL McLEOD PIANO PLAZA 2:00 PM – XMAS CRAFT/ DECORATION ACTIVITIES	THURSDAY 20 10:30 AM – **SCENIC BUS OUTING** 10:15 AM - NEWSPAPER READING 10:30 AM – PRAYER GROUP (THE PLAZA) 11:00 AM – POETRY WITH KATHY (THE PLAZA) 11:00 AM – STAND-UP EXERCISES (DUDLEY) 2:00 PM – CHRISTMAS WREATH MAKING	FRIDAY 21 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – ** CONCERT WITH GREG MASON AND HAPPY HOUR (PLAZA)** 11:30 AM - **XMAS SHOPPING GIFTS FOR PURCHASE (PLAZA) ** 2:00 PM – MOVIE, ICE CREAM TREATS IN EACH LOUNGE ROOM	SATURDAY 22 9:15 AM – VIRTUAL REMINISCING (MEREWETHER LOUNGE ROOM) 10:30 AM – TEN PIN BOWLS (MEREWETHER LOUNGE ROOM)	SUNDAY 23 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (DUDLEY LOUNGE ROOM) 10:30 AM – HOUSIE IN (MEREWETHER ACTIVITIES ROOM)
MONDAY 24 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – LES PIANO (MEREWETHER LOUNGE) 11:30 AM - **XMAS SHOPPING GIFTS FOR PURCHASE (PLAZA) ** 2:00 PM – WALKS IN THE GARDENS MEET AT CHARLESTOWN COURTYARD AND XMAS TREE/ DECORATION ACTIVITIES (WARATAH LOUNGE)	TUESDAY 25 10:30 AM – **BUS OUTING, DOBELL HOUSE WANGI** 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – GAME OF QUIZ/ TRIVIA (WARATAH LOUNGE) 11:00 AM – SEATED PHYSIO (WARATAH LOUNGE) 2:00 PM – CHRISMAS CAROL SING-ALONG (DUDLEY ACTIVITIES)	WEDNESDAY 26 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER ACTIVITY ROOM 11:00 AM – KNITTING GROUP (PLAZA) 11:30 AM- PHIL McLEOD PIANO PLAZA 2:00 PM – CRAFT WITH ALI (DUDLEY ACTIVITIES)	THURSDAY 27 10:15 AM - NEWSPAPER READING 10:30 AM – PRAYER GROUP (THE PLAZA) 11:00 AM – **PHYSIO BUS OUTING TO BLACKBUTT RESERVE** 2:00 PM – XMAS ORNAMENT MAKING ACTIVITIES (DUDLEY ACTIVITIES)	FRIDAY 28 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM – **CONCERT WITH PHIL SIEVER AND HAPPY HOUR (PLAZA)** 11:30 AM – MAYFIELD DEMONSTRATION SCHOOL CHOIR 2:00 PM – MOVIE, ICE CREAM TREATS IN EACH LOUNGE ROOM	SATURDAY 29 9:15 AM – VIRTUAL REMINISCING (MEREWETHER LOUNGE ROOM) 10:30 AM – XMAS CRAFT (MEREWETHER LOUNGE ROOM)	SUNDAY 30 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (DUDLEY LOUNGE ROOM) 10:30 AM – HOUSIE IN (MEREWETHER ACTIVITIES ROOM)

**** DENOTE ADDITIONAL / HELP SERVICES****