

11:30AM - PHYSIO (MEREWETHER

2:00PM - WALKING GROUP & TRIVIA/ QUIZ (CHARLESTOWN COURTYARD)

LOUNGE)

## MAYFIELD AGED CARE "WEST WING" SEPTEMBER PROGRAM 2024

MONDAY · TUESDAY · WEDNESDAY · THURSDAY . · FRIDAY · SUNDAY · SATURDAY SUNDAY - HAPPY FATHER'S DAY! 1 9:15AM - VIRTUAL MUSIC/ VISUAL **RIMINISCING (MEREWETHER LOUNGE ROOM TV)** 9:30AM - FATHER'S DAY GIFT'S 10:30AM - HOUSIE (MEREWETHER ROOM) MONDAY TUESDAY WEDNESDAY - FOOTY TIPPING THURSDAY - FOOTY TIPPING FRIDAY SATURDAY SUNDAY 10:15AM - NEWSPAPER HIGHLIGHTS 10:15AM - NEWSPAPER HIGHLIGHTS 10:15AM - NEWSPAPER 9:15AM - REMINISICING MUSIC LIBRARY COLLECTION LIBRARY DELIVERY 9:15AM - VIRTUAL MUSIC/ VISUAL MEREWETHER LOUNGE ROOM **RIMINISCING (MEREWETHER LOUNGE** 10:30AM - PIANO WITH LES 10:30AM - GENTLE CHAIR TAI CHI / 10:15AM - NEWSPAPER HIGHLIGHTS **HIGHLIGHTS** 10:30AM - SCENIC BUS OUTING (MEREWETHER LOUNGE) **BREATHING EXERCISES** 10:30AM - HOUSIE - (MEREWETHER 10:30AM - GREG MASON CONCERT ROOM TV) 10:15AM - NEWSPAPER HIGHLIGHTS LOUNGE) AND HAPPY HOUR (MEREWETHER 11:30AM - PHYSIO (MEREWETHER (MEREWETHER LOUNGE) 10:30AM - PRAYER GROUP 10:30AM - BIG BOB'S BOWLING LOUNGE) 2:00PM - BALLOON TENNIS (ACTIVITY 2:00PM - MOVIE AND HIGH TEA (CHARLESTOWN LOUNGE) LOUNGE) (MEREWETHER LOUNGE) 10:30AM - HOUSIE (MEREWETHER 2:00PM - WALKING GROUP & TRIVIA/ **ROOM MEREWETHER)** TREATS (CHARLESTOWN AND 11:00AM - PRAYER GROUP 2:30PM - PIANO WITH PHIL & **HAMILTON LOUNGE)** INDIVIDUAL ICE CREAM TREATS (THE QUIZ (CHARLESTOWN COURTYARD) (HAMILTON LOUNGE) PLAZA) 2:00PM - PHYSIO AND CHOIR SINGING (THE PLAZA) MONDAY TUESDAY WEDNESDAY – FOOTY TIPPING 11 THURSDAY - FOOTY TIPPING FRIDAY 13 SATURDAY SUNDAY 15 12 14 10:15AM - NEWSPAPER HIGHLIGHTS 10:00AM - MOVIE AND TABLE 10:15AM - NEWSPAPER 9:15AM - REMINISICING MUSIC 9:15AM - VIRTUAL MUSIC/ VISUAL 10:30AM - LUNCH BUS OUTING 10:15AM - NEWSPAPER **ACTIVITIES IN (CHARLESTOWN AND** RIMINISCING (MEREWETHER LOUNGE HIGHLIGHTS **CARDIFF RSL** MEREWETHER LOUNGE ROOM HIGHLIGHTS 10:30AM - RESIDENT'S MEETING **HAMILTON LOUNGE)** ROOM TV) (MEREWETHER LOUNGE) 10:30AM - HOUSIE - (MEREWETHER 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - RAY O'GRADY AND HAPPY 10:30AM - ACTIVITIES MEETING 11:30AM - PHYSIO (MEREWETHER LOUNGE) 10:30AM - COMBINED SERVICE (THE **HOUR (THE PLAZA)** 10:30AM - TEN PIN BOWLING 2:00PM - COMBINED CATHOLIC 2:00PM - MOVIE AND HIGH TEA 2:30PM - PIANO WITH PHIL & (MEREWETHER LOUNGE) 10:30AM - HOUSIE (MEREWETHER LOUNGE) PLAZA) **SERVICE (WARATAH LOUNGE) TREATS (CHARLESTOWN AND** INDIVIDUAL ICE CREAM TREATS (THE 2:00PM - WALKING GROUP & SOCIAL 2:00PM - PHYSIO AND CHOIR SINGING ROOM) **HAMILTON LOUNGE)** PLAZA) **BBQ (SWANSEA COURTYARD)** (THE PLAZA) 2:00PM - BUS OUTING TO BUNNINGS NURSERY MONDAY TUESDAY WEDNESDAY - FOOTY TIPPING THURSDAY - FOOTY TIPPING **FRIDAY** SATURDAY SUNDAY 21 9:15AM - REMINISICING MUSIC 10:15AM - NEWSPAPER 10:30AM - SHOPPING TRIP TO 10:15AM - NEWSPAPER 10:30AM - SCENIC BUS OUTING 10:15AM - NEWSPAPER 9:15AM - VIRTUAL MUSIC/ VISUAL HIGHLIGHTS **GREENHILLS SHOPPING CENTRE HIGHLIGHTS** 10:15AM - NEWSPAPER HIGHLIGHTS HIGHLIGHTS MEREWETHER LOUNGE ROOM RIMINISCING (MEREWETHER LOUNGE **ROOM TV)** 10:30AM - PIANO WITH LES 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM - HOUSIE - (MEREWETHER 10:30AM - PRAYER GROUP 10:30AM - CONNECT FOUR (MEREWETHER ACTIVITY ROOM) (MEREWETHER LOUNGE) LOUNGE) (CHARLESTOWN LOUNGE) 10:30AM - GENTLE CHAIR YOGA/ 10:30AM - BIG BOB'S BOWLING 11:30AM - PHYSIO (MEREWETHER **EXERCISES (MEREWETHER LOUNGE)** 2:00PM - SOCIAL FOOD AND DRINK 11:00AM - PRAYER GROUP (MEREWETHER LOUNGE) 10:30AM - HOUSIE (MEREWETHER LOUNGE) 2:00PM - CARD GAMES (ACTIVITY **TASTING (SWANSEA COURTYARD)** (HAMILTON LOUNGE) 2:00PM - ADAM PRICE CONCERT (THE ROOM) 2:00PM - WALKING GROUP & TRIVIA/ **ROOM MEREWETHER)** 2:00PM - PHYSIO AND CHOIR SINGING PLAZA) INDIVIDUAL ICE CREAM QUIZ (CHARLESTOWN COURTYARD (THE PLAZA) **VISITS (THE PLAZA)** MONDAY TUESDAY THURSDAY - FOOTY TIPPING WEDNESDAY - FOOTY TIPPING SATURDAY SUNDAY FRIDAY 27 10:15AM - NEWSPAPER 10:15AM - NEWSPAPER 10:15AM - NEWSPAPER **THEME DAY** 10:15AM - NEWSPAPER 9:15AM - REMINISICING MUSIC 9:15AM - VIRTUAL MUSIC/ VISUAL **HIGHLIGHTS HIGHLIGHTS HIGHLIGHTS** MEREWETHER LOUNGE ROOM RIMINISCING (MEREWETHER LOUNGE HIGHLIGHTS 10:30AM - SPRING BALL WITH 10:30AM - TEN PIN BOWLING 10:30AM - GENTLE CHAIR TAI CHI **ROOM TV)** 10:30AM - HOUSIE - (MEREWETHER **CHARLIE SALIBA (MEREWETHER** 10:30AM - BIRTHDAY OF THE MONTH **BREATHING EXERCISES (ACTIVITY** (MEREWETHER CONNECT FOUR LOUNGE) ACTIVITY ROOM) **CELEBRATION / BIRTHDAY BEAR** 10:30AM - TEN PIN BOWLING **VISIT AND HAPPY HOUR WITH PHILL** (ACTIVITY ROOM) **ROOM MEREWETHER)** 2:00PM - MOVIE AND HIGH TEA (MEREWETHER LOUNGE) 10:30AM - HOUSIE (MEREWETHER 11:30AM - PHYSIO (MEREWETHER 2:00PM - COLOURING THERAPY **TREATS (CHARLESTOWN AND** SIEVER CONCERT (THE PLAZA) 2:00PM - PHYSIO AND CHOIR SINGING ROOM) LOUNGE) (ACTIVITY ROOM MEREWETHER) **HAMILTON LOUNGE)** 2:30PM - PIANO WITH PHIL & (THE PLAZA) INDIVIDUAL ICE CREAM TREATS (THE 2:00PM - WALKING GROUP & SOCIAL PLAZA) **BBQ (SWANSEA COURTYARD) MONDAY** 30 10:15AM - NEWSPAPER **HIGHLIGHTS** 10:30AM - PIANO WITH LES (THE

