



Mayfield Aged Care *Newsletter* August/September 2026



This month MAC celebrated Staff Appreciation Day. We thank you all for your dedication to our Residents and are grateful for the kindness and compassionate care that enriches the lives of those we serve.



San Clemente
Students weekly visits
are full of laughter
and learning. We are
building relationships
within the broader
community whilst
contributing to our
future leaders Euchre
and Backgammon
skills!



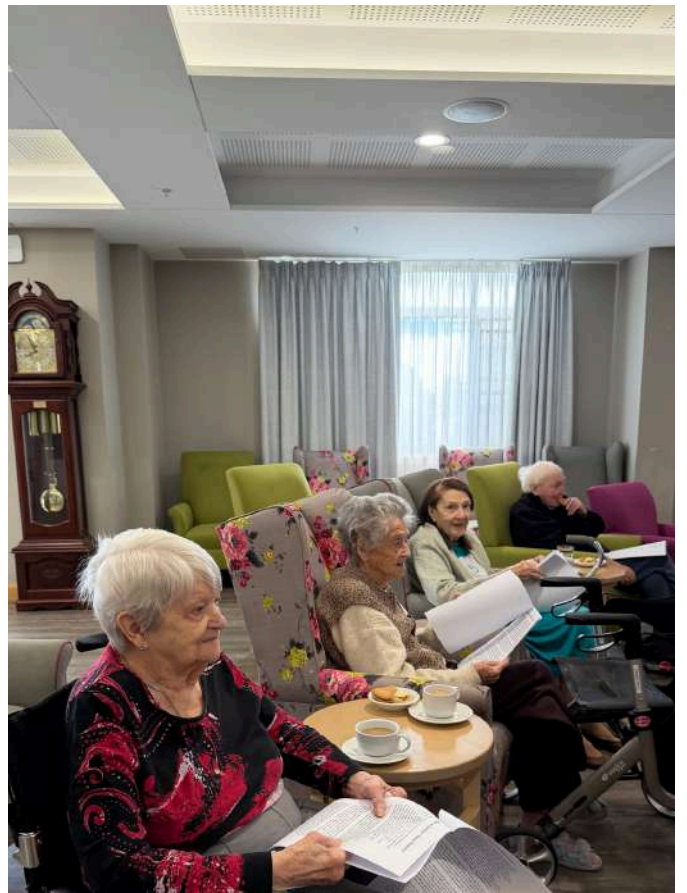
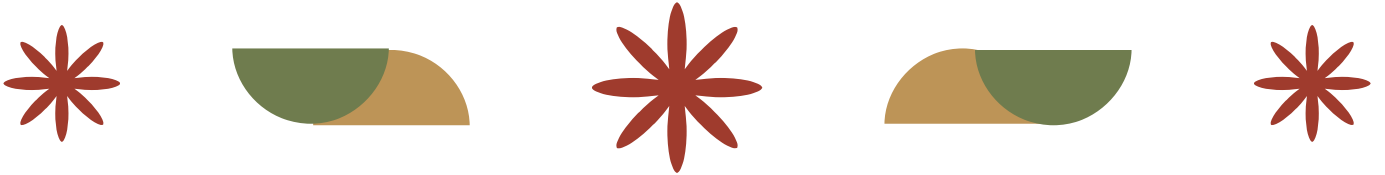


We wish our senior Saint Columbian Student Visitors all the very best for your upcoming exams, and look forward to welcoming you back to MAC after this busy time for you all!



Our sincere gratitude to our
Resident Athol Latham, who shared
with us all, his passion for
Australian Poetry and Music





Cup of Care



We appreciate Georgie Hoddle's (Pastoral Care) weekly visits.

A heartwarming way to share our stories and listen to others stories. Georgie is available for Room Visits by request, Please pass on your request to Danielle Reid (Events Coordinator)

Friday Concerts continue with a mixture of familiar faces and the introduction of some new Entertainers.

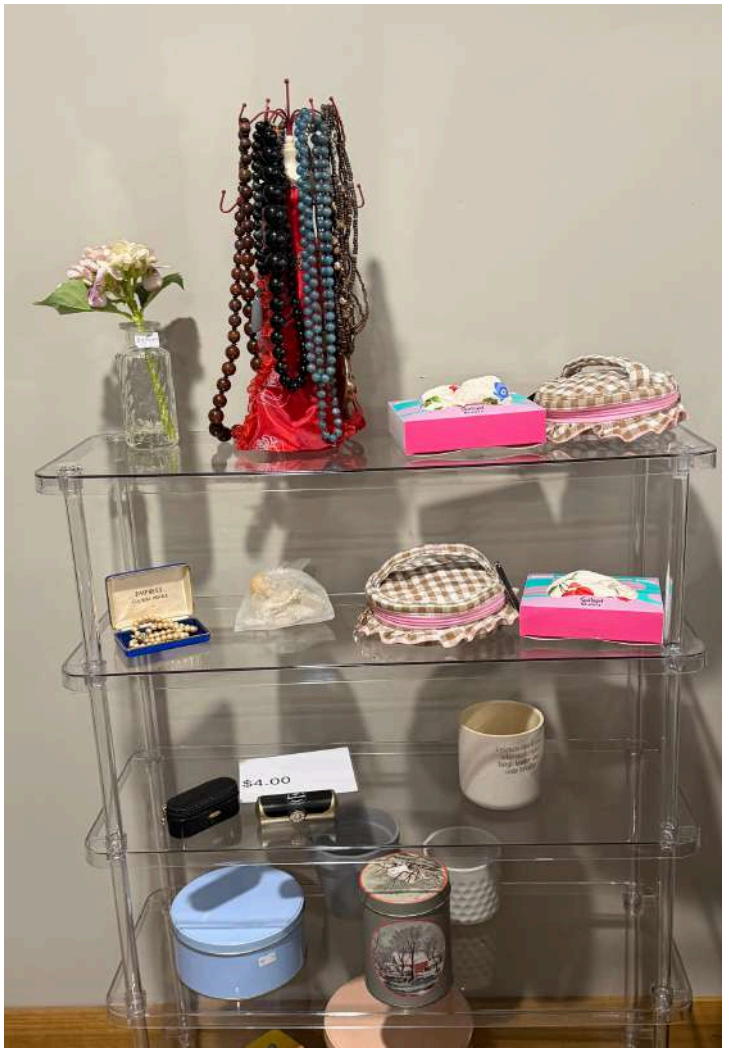
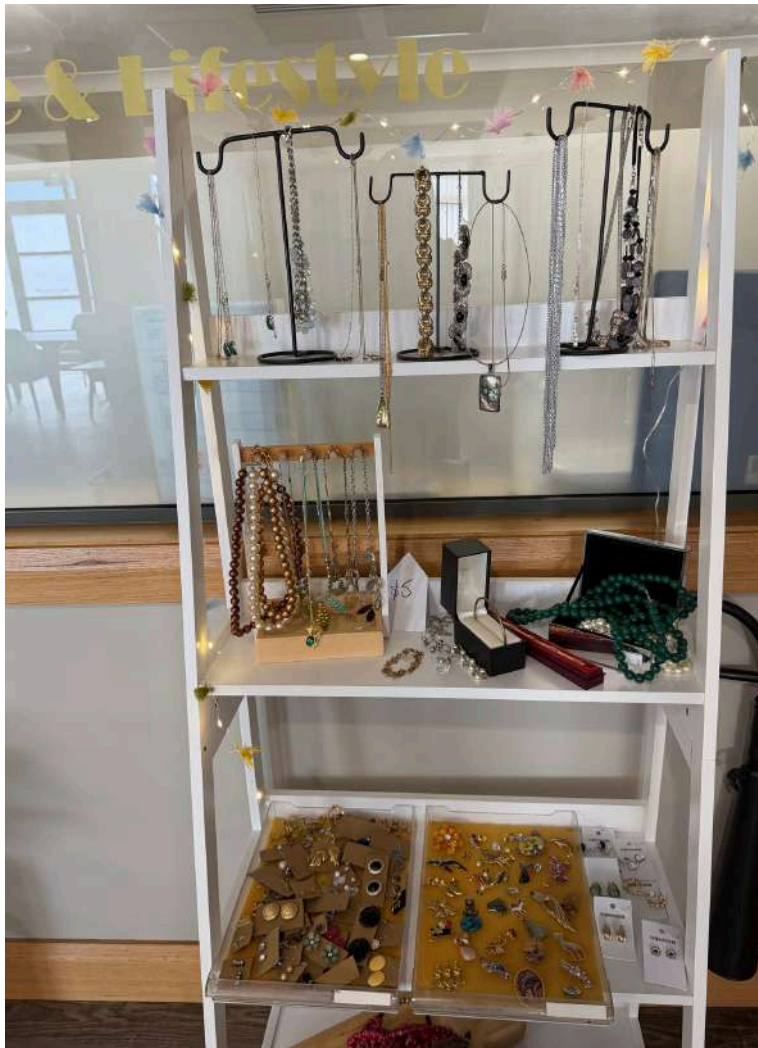






Our Upcycled Shop is open for business! What a wonderful initiative. It has created an enormous amount of interest. There are new and donated items for sale in the shop. Come down on Wednesdays and have a look at what is available and meet the fabulous Di, who is happy to assist.

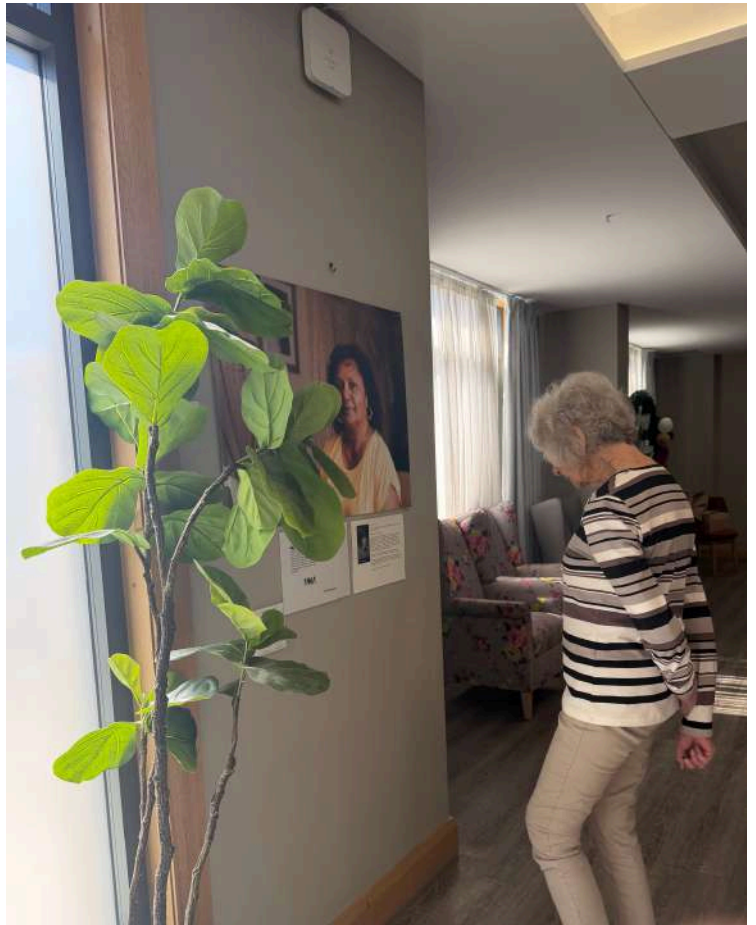




Yve Lavine and her Life Project Photographic Exhibition raised interest amongst our Residents. What a wonderful way to preserve treasured memories and family history.

If you would like to speak further with Yve please contact Danielle Reid (Events Coordinator) for contact details



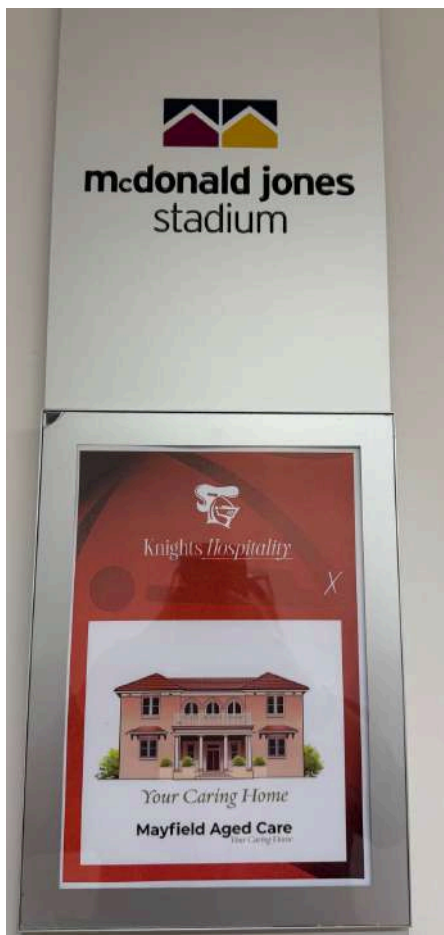


Sam Franze Concert



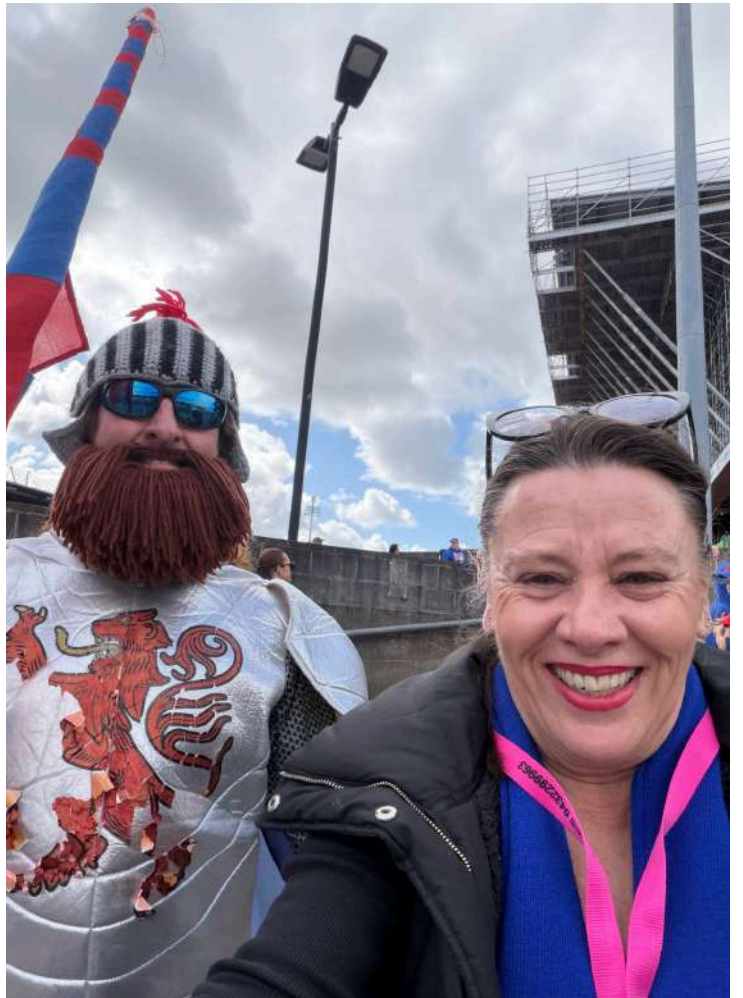
We welcomed a new Entertainer to MAC this month. Sam kept our toes tapping. The day was enjoyed by all.





Well this was special! Our Resident Footy Club Members ventured to McDonald Jones Stadium to watch The Knights defeat the Titans. A memorable and fabulous day. Go the mighty Knights!





We continue with our seated and Physio Assisted Exercise programmes. It's a great way to boost your mood, and keep yourself moving! Come along and join in the groups, it's a fun and social gathering that promotes your general health and well being.

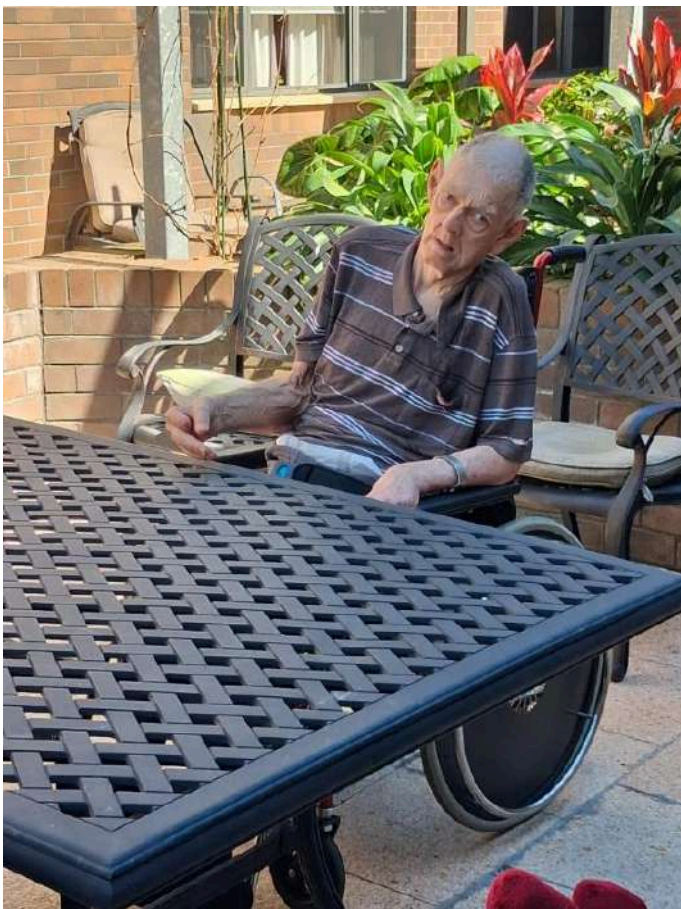






Beautiful weather and scenery Stockton pulled out all the stops for a lovely lunch outing to Lexies on the Beach!

Dining alfresco on the West Wing. Thank you for staff initiative making everyday special for our Residents. The warmer weather is fast approaching. A great opportunity to enjoy the fresh air and sunshine



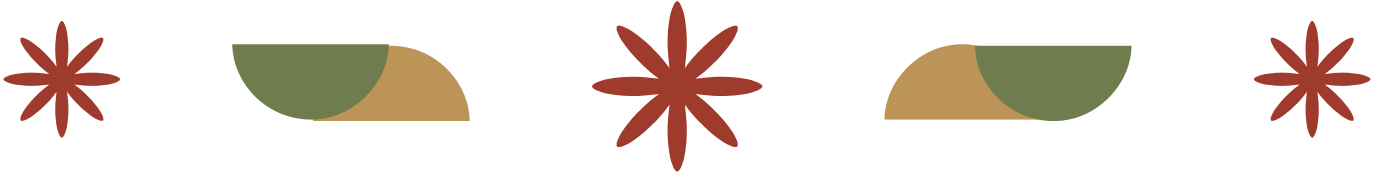


This happened...The Mayfield NOOK is open for business! YAY! How lucky are we to have Murray and Maree 7 days a week serving us delicious coffee, toasties, homemade slices and cakes and yoghurt cups, to name but a few of the delicious treats prepared by Maree. Next time you're onsite introduce yourself to The Nook Team.

It's our way of sharing our Community with the broader Mayfield Community and a fabulous opportunity for Families to connect onsite.

MELC (Mayfield Early Learning Centre) visit was a blast. The kids sang songs, talked with our Residents and really enjoyed meeting Tommy (Therapy Dog). Quite a few kids live locally and share the Mayfield Dog park with Tommy. It was fascinating to see their minds ticking over watching Tommy whilst he was working! Loads of questions from inquiring minds bought smiles to all.







MAC welcomed Cath Studdert to entertain us for our Birthday of the Month Concert. Goldie Gardner helped out with the important task of blowing out the Birthday Candles. Thank you Goldie!



Kate and
Charlie
dropped in
for a visit.
Charlie
was
delighted
to meet
Tommy!



Teej Festival



We are grateful for our diverse workplace environment. Thank you for enriching our Residents lived experience and sharing your culture with us. Your enthusiasm and kind efforts are greatly appreciated by all.

Fr.Des Harrigan(Retired Catholic Clergy/former MAC Resident) has messaged to let our Nepalese Nurses and Care Staff know “ you are all in my prayers during this difficult time in your homeland. God Bless”



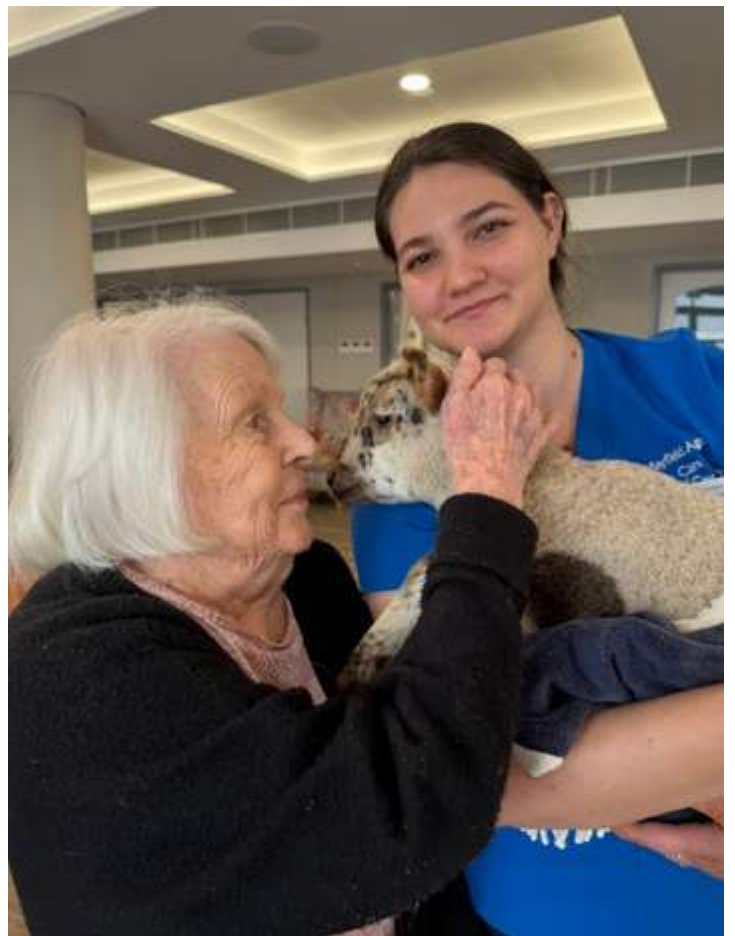


Elimination Finals
start this
weekend.
Come join our
steadfast NRL
Supporter cohort
in The Plaza on
Sunday
afternoon.



Sweet Valley
Farm Day Visit
was wonderful!
Baby Goats!
Bruce
Springsteen (The
Boss Rooster)
Lambs, Rabbits,
Ducklings to
name but a few. A
special day.



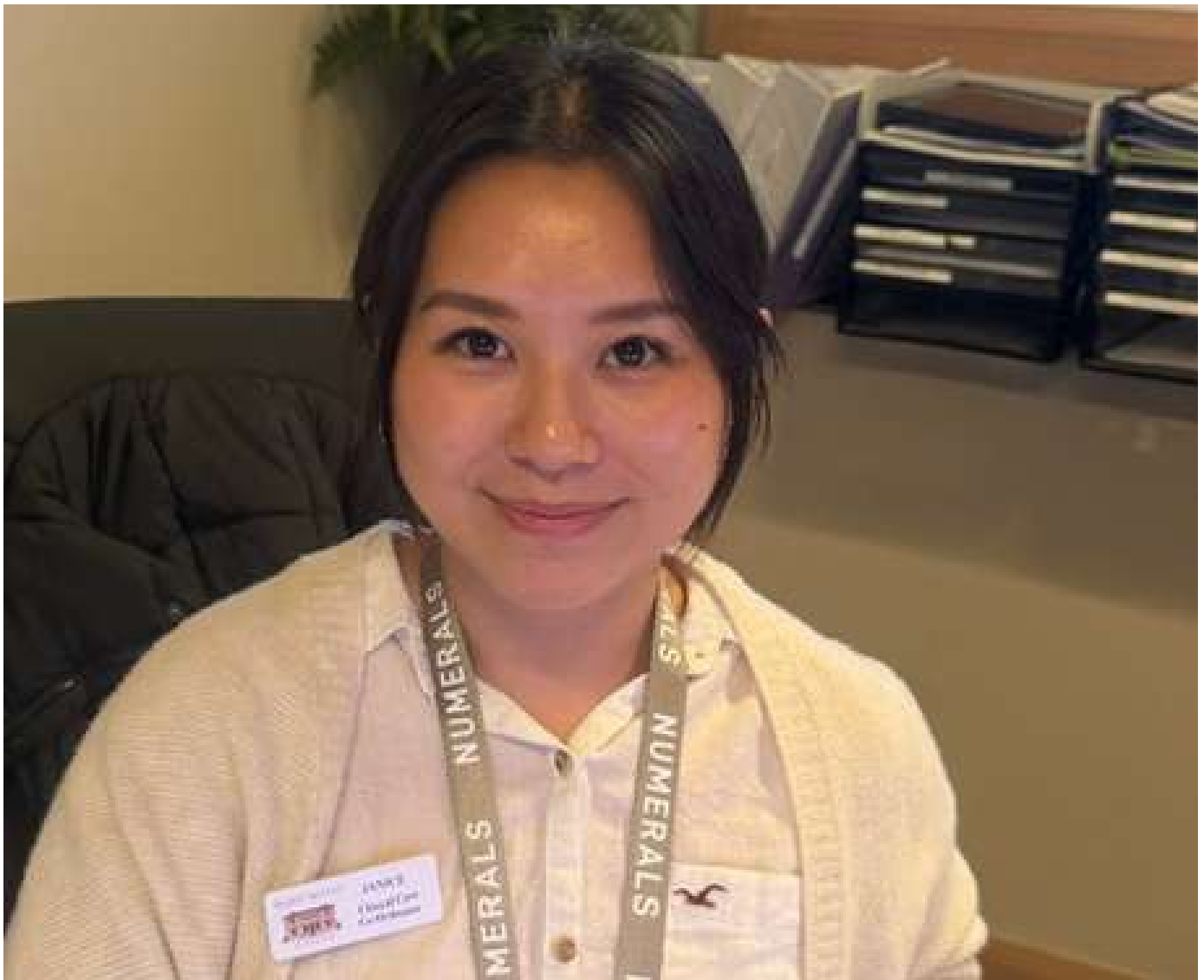












Meet Janice – Our Clinical Care Coordinator

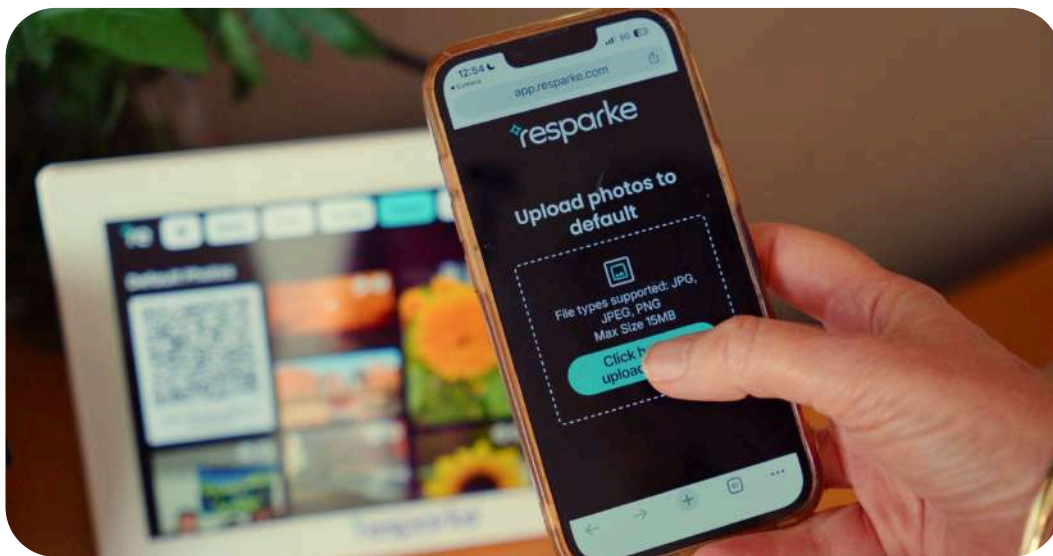
We are delighted to introduce Janice, our Clinical Care Coordinator, who brings with her several years of valuable experience and knowledge within the aged care industry.

Janice is passionate about providing high-quality, person-centred care and supporting our residents to live happy, healthy and meaningful lives. With her strong clinical knowledge, caring approach and commitment to excellence, Janice works closely with residents, families and our dedicated care team to ensure the best possible outcomes for everyone in our community.

Please join us in welcoming Janice to her role. We look forward to the knowledge, experience and warmth she will bring to our residents, families and team.

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Resparke helps families bring together meaningful content and photos of the people you love to your own TV, so comfort and connection are always close.



Enjoy what you love most

Music, videos, podcasts, radio and games, tailored to personal interests from the comfort of your room.

Stay connected to family

Photos, video messages and Life Story memories help you feel close anytime of day.



We'd love you to join the Resparke pilot program.

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MAC on The Web.

The WAAG (Week at a Glance) Calendar will continue to be uploaded weekly to The Mayfield Aged Care website along with a digital Monthly Newsletter. Both are accessible by tapping the “News” icon on the homepage.

Resident's will continue to receive a hard copy of both. Hopefully, posting the WAAG and Newsletter will result in easy access and keeping loved ones up to date with upcoming and past events at Mayfield Aged Care.



We invite you to enter your Feedback through our TellTouch System, it's a fabulous way to gauge Resident opinion and engagement for events and regular happenings.

Please ask Staff for assistance if you're uncertain how to get started, we are happy to oblige!



Jersey Thursday

It's Footy Finals Fever!

**All Staff, Residents and
Family are invited to
wear their favourite
jersey on a Thursday
leading up the 2026
Grand Final!**

One Team. One Dream.

