



WEEK

at a glance

24/08 - 30/08

East Wing

Monday	10.00 Food Focus Meeting (Dudley Dining Room) 10.45 Les Peterkin Piano (The Plaza) 11.30 Lunch Outing 2.00 Cooking with Deb (The Plaza)
Tuesday	10.30 Physio Assisted Exercise (Dudley Activity Room) 10.30 Seated Exercise (The Plaza) 2.00 Book Club <i>"The Happiest Man on Earth"</i> (The Plaza) 2.00 Scenic Bus Outing
Wednesday	Tommy (Therapy Dog) Visits 10.30 Sweet Valley Farm Animals (The Plaza) Treats Cart/Footy Tipping 2.00 Bingo (Dudley Activity Room)
Thursday	Tommy (Therapy Dog) Visits 10.00 Georgie Hoddle Room Visits 10.30 Ed Tonks Fernleigh Track (The Plaza) 2.00 Cards for Connection (The Plaza) Nepalese Cultural Day
Friday	Tommy (Therapy Dog) Visits 10.30 Cath Studdert/Happy Hour (The Plaza) 2.00 Movie Afternoon Ice Cream Cart (The Plaza)
Saturday	10.30 Ten Pin Bowling (Dudley Activity Room) 10.30 Carpet Bowls (Merewether Activity Room) Resparke your Weekend Please ask Staff for Assistance
Sunday	10.30 Bingo (Dudley Activity Room) 12.00 Footy Club Outing Knights vs Warriors 2.00 Songs of Praise and Afternoon Tea (The Plaza) Resparke your Weekend Please ask Staff for Assistance

★ Denotes HELF Services

★ Georgie Hoddle Thursday Pastoral Care Room Visits