



WEEK

at a glance

31/08 - 06/09

East Wing

Monday	10.30 Les Peterkin Piano (The Plaza) 2.00 Cooking with Deb (The Plaza)
Tuesday	Tommy (Therapy Dog) Visits 10.00 MELC Preschool Visit Morning Tea (The Plaza) 10.30 Physio Assisted Standing Exercise (Dudley Activity Room) 11.00 Seated Exercise (The Plaza) 2.00 Room Visits
Wednesday	Footy Tipping/ Treats Cart Pastoral Care Georgie Hoddle Room Visits 10.30 Phil McLeod Piano (The Plaza) 11.30 Lunch Bus Outing 2.00 Bingo (Dudley Activity Room)
Thursday	10.30 Scenic Bus Outing (The Plaza) 2.00 Cards for Connection San Clemente (The Plaza)
Friday	Tommy (Therapy Dog) Visits 10.30 Fathers Day Luncheon/Stuart Brown Entertainer (The Plaza) 2.00 Movie Afternoon (The Plaza) Ice Cream Cart
Saturday	Tommy (Therapy Dog) Visits 10.30 Ten Pin Bowling (Dudley Activity Room) 10.30 Carpet Bowls (Merewether Activity Room) Resparke your Weekend Please ask Staff for Assistance
Sunday	10.30 Bingo (Dudley Activity Room) 2.00 NRL Football Dragons v's Eels (The Plaza)

Denotes HELF Services

Georgie Hoddle Wednesday Pastoral Care Room Visits