



WEEK

at a glance

07/09 - 13/09

East Wing

Monday	10.30 Les Peterkin Piano (The Plaza) 10.30 Scenic Bus Outing 2.00 Cooking with Deb (The Plaza)
Tuesday	Tommy (Therapy Dog) Visits 10.30 Physio Assisted Standing Exercise (Dudley Activity Room) 10.30 Seated Exercise (The Plaza) 11:30 Lunch Bus Outing
Wednesday	Footy Tipping/ Treats Cart Pastoral Care Georgie Hoddle Room Visits 10.30 Phil McLeod Piano (The Plaza) 2.00 Bingo (Dudley Activity Room)
Thursday	10.30 Stuart Brown Concert (The Plaza) Tommy (Therapy Dog) Visits 2.00 Cards for Connection San Clemente (The Plaza)
Friday	Tommy (Therapy Dog) Visits 10.30 Greg Mason Concert (The Plaza) 2.00 Movie Afternoon (The Plaza) Ice Cream Cart
Saturday	10.30 Ten Pin Bowling (Dudley Activity Room) 10.30 Carpet Bowls (Merewether Activity Room) Resparke your Weekend Please ask Staff for Assistance
Sunday	10.30 Bingo (Dudley Activity Room) 4.00 NRL Elimination Finals Football (The Plaza)

★ Denotes HELF Services

★ Georgie Hoddle Wednesday Pastoral Care Room Visits