



MAYFIELD AGED CARE "WEST WING" FEBRUARY PROGRAM 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					SATURDAY 1 9:15 AM – REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30 AM – GAME OF BALLOON TENNIS (MEREWETHER LOUNGE)	SUNDAY 2 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30 AM – HOUSIE (MEREWETHER ROOM)
MONDAY 3 10:15 AM – NEWSPAPER HIGHLIGHTS 10:30 AM – ACTIVITIES MEETING TABLE ACTIVITIES IN EACH LOUNGE 2:00 PM – WALKING GROUP (MEET @ THE PLAZA) AND INDIVIDUAL ROOM VISITS	TUESDAY 4 10:00 AM - NEWSPAPER HIGHLIGHTS TAI CHI AND PHYSIO WITH SUJA (CHARLESTOWN LOUNGE) 11:00 AM – TAI CHI AND PHYSIO WITH SUJA (HAMILTON LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	WEDNESDAY 5 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – GARDENING WALKS (MEET @ THE PLAZA) AND INDIVIDUAL ROOM VISITS	THURSDAY 6 10:15 AM – NEWSPAPER 10:30 AM – JUGGING SHOW WITH Michael Connell IN THE PLAZA AND PHYSIO 2:00 PM – INDIVIDUAL ROOM VISITS	FRIDAY 7 10:15 AM – NEWSPAPER 10:30 AM – GARY DAVIDSON CONCERT AND HAPPY HOUR (THE PLAZA) AND HAPPY HOUR (THE PLAZA) 2:30 PM – Phil McLeod – Piano (THE PLAZA) INDIVIDUAL ICE CREAM TREATS VISIT	SATURDAY 8 9:15 AM – REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30 AM – BIG BOB'S BOWLING (MEREWETHER LOUNGE)	SUNDAY 9 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30 AM – HOUSIE (MEREWETHER ROOM)
MONDAY 10 10:15 AM – NEWSPAPER HIGHLIGHTS 10:30 AM – LES PIANO (MEREWETHER LOUNGE) 2:00 PM – WALKING GROUP (MEET @ THE PLAZA) AND INDIVIDUAL ROOM VISITS	TUESDAY 11 10:00 AM - NEWSPAPER HIGHLIGHTS (CHARLESTOWN LOUNGE) VALENTINE'S DAY CRAFT & PHYSIO WITH SUJA 11:00 AM – (HAMILTON LOUNGE) VALENTINE'S DAY CRAFT & PHYSIO WITH SUJA	WEDNESDAY 12 LIBRARY COLLECTION 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – GARDENING WALKS (MEET @ THE PLAZA) AND INDIVIDUAL ROOM VISITS	THURSDAY LIBRARY DELIVERY 13 10:15 AM – NEWSPAPER 10:30 AM – COMBINED SERVICE (THE PLAZA) 11:30 AM – PHYSIO (THE PLAZA) 2:00 PM – INDIVIDUAL ROOM VISITS	FRIDAY – VALENTINE'S DAY 14 10:15 AM – NEWSPAPER 10:30 AM – PHIL SIEVER CONCERT AND HAPPY HOUR (THE PLAZA) 2:00 PM – INDIVIDUAL ICE CREAM TREATS VISIT (THE PLAZA) Phil McLeod is away!	SATURDAY 15 9:15 AM – REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30 AM – BIG BOB'S BOWLING (MEREWETHER LOUNGE)	SUNDAY 16 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30 AM – HOUSIE (MEREWETHER ROOM)
MONDAY 17 10:15 AM – NEWSPAPER HIGHLIGHTS 10:30 AM – RESIDENTS MEETING (MEREWETHER LOUNGE) 2:00 PM – WALKING GROUP (MEET @ THE PLAZA) AND INDIVIDUAL ROOM VISITS	TUESDAY 18 10:00 AM - NEWSPAPER HIGHLIGHTS TAI CHI & PHYSIO WITH SUJA (CHARLESTOWN LOUNGE) 11:00 AM – TAI CHI & PHYSIO WITH SUJA (HAMILTON LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	WEDNESDAY 19 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – GARDENING WALKS (MEET @ THE PLAZA) AND INDIVIDUAL ROOM VISITS	THURSDAY 20 10:15 AM – NEWSPAPER PRAYER GROUP 10:30 AM – (CHARLESTOWN LOUNGE) 11:00 AM - (HAMILTON LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	FRIDAY 21 10:15 AM – NEWSPAPER 10:30 AM – GREG MASON CONCERT AND HAPPY HOUR (THE PLAZA) 2:00 PM – INDIVIDUAL ICE CREAM TREATS VISIT (THE PLAZA) Phil McLeod is away!	SATURDAY 22 9:15 AM – REMINISCING MUSIC MEREWETHER LOUNGE ROOM 10:30 AM – GAME OF RING TOSS (MEREWETHER LOUNGE)	SUNDAY 23 9:15 AM – VIRTUAL MUSIC/ VISUAL REMINISCING (MEREWETHER LOUNGE ROOM TV) 10:30 AM – HOUSIE (MEREWETHER ROOM)
MONDAY 24 10:15 AM – NEWSPAPER HIGHLIGHTS 10:30 AM – LES PIANO (MEREWETHER LOUNGE) 2:00 PM – WALKING GROUP (MEET @ THE PLAZA) AND INDIVIDUAL ROOM VISITS	TUESDAY 25 10:00 AM - NEWSPAPER HIGHLIGHTS (CHARLESTOWN LOUNGE) QUIZ & TRIVIA & PHYSIO WITH SUJA 11:00 AM – (HAMILTON LOUNGE) QUIZ & TRIVIA & PHYSIO WITH SUJA 2:00 PM – INDIVIDUAL ROOM VISITS	WEDNESDAY 26 10:15 AM - NEWSPAPER HIGHLIGHTS 10:30 AM - HOUSIE IN MEREWETHER 11:00 AM – KNITTING GROUP (PLAZA) 2:00 PM – GARDENING WALKS (MEET @ THE PLAZA) AND INDIVIDUAL ROOM VISITS	THURSDAY 27 10:15 AM – NEWSPAPER PRAYER GROUP 10:30 AM – (CHARLESTOWN LOUNGE) 11:00 AM - (HAMILTON LOUNGE) 2:00 PM – INDIVIDUAL ROOM VISITS	FRIDAY 28 10:15 AM – NEWSPAPER 10:30 AM – WAYNE ROGERS CONCERT AND HAPPY HOUR (THE PLAZA) 2:00 PM – INDIVIDUAL ICE CREAM TREATS VISIT (THE PLAZA) Phil McLeod is away!		