



MAYFIELD AGED CARE "EAST WING" SEPTEMBER PROGRAM 2024

· MONDAY ·

· TUESDAY ·

· WEDNESDAY ·

· THURSDAY ·

· FRIDAY ·

· SATURDAY ·

· SUNDAY ·

HAPPY FATHER'S DAY!

SUNDAY - HAPPY FATHER'S DAY! 1
 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV)
 9:30AM – FATHER'S DAY GIFT'S
 10:30AM – HOUSIE (DUDLEY ROOM)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – COFFEE CLUB AND TRIVIA (THE PLAZA) 11:30AM – PHYSIO (DUDLEY) 2:00PM – WALKING GROUP & TRIVIA/ QUIZ GAMES (SWANSEA COURTYARD)	3 10:30AM – LUNCH BUS OUTING CARDIFF RSL 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – GENTLE CHAIR TAI CHI/ EXERCISES (DUDLEY ACTIVITY ROOM) 2:30PM – STAND UP EXERCISE GROUP WITH PHYSIO (DUDLEY)	4 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HOUSIE - (DUDLEY LOUNGE) 11:00AM – KNITTING GROUP (THE PLAZA) 2:00PM – MOVIE AND HIGH TEA TREATS (LAMBTON & SWANSEA)	5 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PRAYER GROUP (LAMBTON LOUNGE) 11:00AM - PRAYER GROUP & 11:30AM - CHOIR (SWANSEA LOUNGE) 2:00PM – PHYSIO AND SINGING (THE PLAZA)	6 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM – GREG MASON CONCERT AND HAPPY HOUR (THE PLAZA) 2:30PM – PIANO WITH PHIL & INDIVIDUAL ICE CREAM TREATS VISITS (THE PLAZA)	7 9:15AM – MUSIC REMINISCING - (DUDLEY LOUNGE ROOM TV) 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	8 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV) 10:30AM – HOUSIE (DUDLEY ROOM)
9 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PIANO WITH LES (THE PLAZA) 11:30AM – PHYSIO (DUDLEY) 2:00PM – WALKING GROUP & SOCIAL BBQ (SWANSEA COURTYARD)	10 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – MOVIE AND TABLE ACTIVITIES IN LOUNGE ROOMS AREAS 2:00PM – COMBINED CATHOLIC SERVICE (WARATAH LOUNGE) 2:30PM – STAND UP EXERCISE GROUP WITH PHYSIO (DUDLEY)	11 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HOUSIE - (DUDLEY LOUNGE) 11:00AM – KNITTING GROUP (THE PLAZA) 2:00PM – MOVIE AND HIGH TEA TREATS (LAMBTON & SWANSEA) <u>2:00PM – BUS OUTING TO BUNNINGS NURSERY</u>	12 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – COMBINED SERVICE (THE PLAZA) 2:00PM – PHYSIO AND SINGING (THE PLAZA)	13 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM –RAY O'GRADY CONCERT AND HAPPY HOUR (THE PLAZA) 2:30PM - PIANO WITH PHIL & INDIVIDUAL ICE CREAM TREATS VISITS (THE PLAZA)	14 9:15AM – MUSIC REMINISCING - (DUDLEY LOUNGE ROOM TV) 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	15 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV) 10:30AM – HOUSIE (DUDLEY ROOM)
16 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – RESIDENT MEETING (THE PLAZA) 11:30AM – PHYSIO (THE PLAZA) 2:00PM – WALKING GROUP & TRIVIA/ QUIZ GAMES (SWANSEA COURTYARD)	17 10:30AM - SHOPPING TRIP TO GREENHILLS SHOPPING CENTRE 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PIANO WITH LES (THE PLAZA) 2:30PM – STAND UP EXERCISE GROUP WITH PHYSIO (DUDLEY)	18 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HOUSIE - (DUDLEY LOUNGE) 11:00AM – KNITTING GROUP (THE PLAZA) <u>2:00PM – SOCIAL FOOD AND DRINK TASTING (SWANSEA COURTYARD)</u>	19 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PRAYER GROUP (LAMBTON LOUNGE) 11:00AM - PRAYER GROUP & 11:30AM - CHOIR (SWANSEA LOUNGE) 2:00PM – PHYSIO AND SINGING (THE PLAZA)	20 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM – SPRING BALL WITH WAYNER ROGERS (THE PLAZA) 2:00PM – ADAM PRICE CONCERT (THE PLAZA) INDIVIDUAL ICE CREAM TREATS	21 9:15AM – MUSIC REMINISCING - (DUDLEY LOUNGE ROOM TV) 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	22 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV) 10:30AM – HOUSIE (DUDLEY ROOM)
23 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – MISS PORTER'S MUSEUM HISTORY (DUDLEY ROOM) 11:30AM – PHYSIO (DUDLEY) 2:00PM – WALKING GROUP & SOCIAL BBQ (SWANSEA COURTYARD)	24 10:30AM – SCENIC BUS OUTING 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PIANO WITH LES (THE PLAZA) 2:30PM – STAND UP EXERCISE GROUP WITH PHYSIO (DUDLEY)	25 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HOUSIE - (DUDLEY LOUNGE) 11:00AM – KNITTING GROUP (THE PLAZA) 2:00PM – MOVIE AND HIGH TEA TREATS (LAMBTON & SWANSEA)	26 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – PRAYER GROUP (LAMBTON LOUNGE) 11:00AM - PRAYER GROUP & 11:30AM - CHOIR (SWANSEA LOUNGE) 2:00PM – PHYSIO AND SINGING (THE PLAZA)	27 10:15AM – NEWSPAPER HIGHLIGHTS 10:30AM – BIRTHDAY OF THE MONTH CELEBRATION / BIRTHDAY BEAR VISIT AND HAPPY HOUR WITH PHILL SIEVER CONCERT (THE PLAZA) 2:30PM – PIANO WITH PHIL & INDIVIDUAL ICE CREAM TREATS (THE PLAZA)	28 9:15AM – MUSIC REMINISCING - (DUDLEY LOUNGE ROOM TV) 10:30AM – CARPET BOWLS (DUDLEY LOUNGE ROOM)	29 9:15AM – VIRTUAL MUSIC/ VISUAL RIMINISCING (DUDLEY LOUNGE ROOM TV) 10:30AM – HOUSIE (DUDLEY ROOM)
30 10:15AM - NEWSPAPER HIGHLIGHTS 10:30AM – HIGH TEA (DUDLEY ac) 11:30AM – PHYSIO (DUDLEY) 2:00PM – WALKING GROUP & TRIVIA/ GAMES (SWANSEA COURTYARD)						

