



WEEK

at a glance

19/10 - 25/10

West Wing

Monday

10.30 Resident Meeting (The Plaza)
11.00 Les Peterkin Piano (The Plaza)
1.30 [Scenic Bus Outing](#) (The Plaza)

Tuesday

10.30 Seated Exercise (The Plaza)
11.30 [First Light Cafe Lunch Outing](#) (The Plaza)
2.00 Better Together Andrea Bocelli Concert Series (The Plaza)
[Tommy \(Therapy Dog\) Visits](#) 🐾

Wednesday

10.30 Phil McLeod Piano (The Plaza)
2.00 Bingo (Merewether Activity Room)
[Pastoral Care Georgie Hoddle](#)
[Treats Cart](#)

Thursday

10.30 Armchair Travel Germany (The Plaza)
10.30 Physio Assisted Standing Exercise (Dudley Activity Room)
[Tommy \(Therapy Dog\) Visits](#) 🐾
2.00 Trivia/Word Games (The Plaza)

Friday

10.30 [Wayne Rogers Concert/Happy Hour](#) (The Plaza)
2.00 Movie Afternoon (The Plaza) [Ice Cream Cart](#)
[Tommy \(Therapy Dog\) Visits](#) 🐾

Saturday

10.30 Ten Pin Bowling (Dudley Activity Room)
10.30 Carpet Bowls (Merewether Activity Room)

Sunday

10.30 Bingo (Merewether Activity Room)
[Resparke your weekends please ask Staff for assistance.](#)

★ Denotes HELF Services

★ [Georgie Hoddle Wednesday Pastoral Care Room Visits](#)