

Mayfield Aged Care

Newsletter

July/August 2026



We enjoyed a couple of visits this month from Paul Frank Nickerson. Both performances were equally enjoyable, feedback has been refreshing, with many of our Resident's pleased to hear a variety of popular new music.





Thank you to REV.
Jeremy Cavanaugh
for blessing our
precious Tommy on
your last visit.
Our Families visiting
over the recent School
Holiday period
enjoyed meeting
Tommy, games in The
Plaza and catching up
with their loved ones.





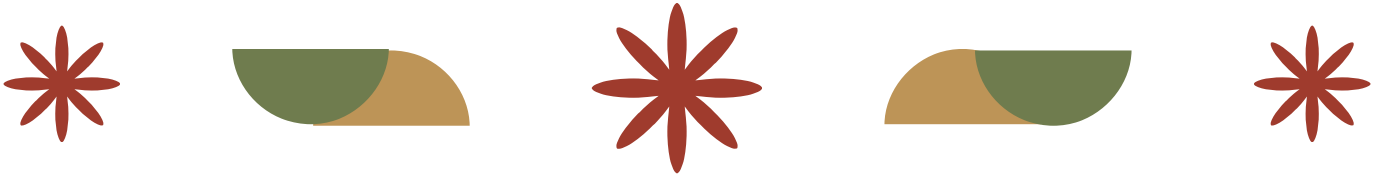


Gary Davidson Concert



The school holiday period saw lots of families enjoying Gary's performance with their loved ones



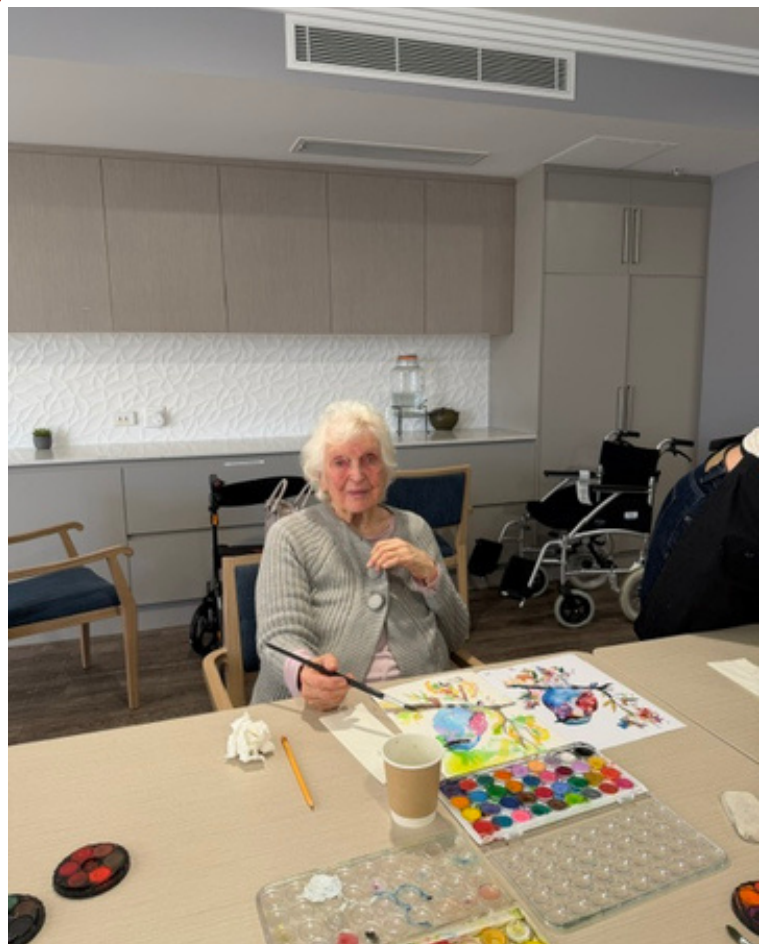


Art Therapy With Tetiana



Tetiana
bought our
artistically
talented
Resident's
together again
for another
enjoyable and
engaging Art
Therapy
session.





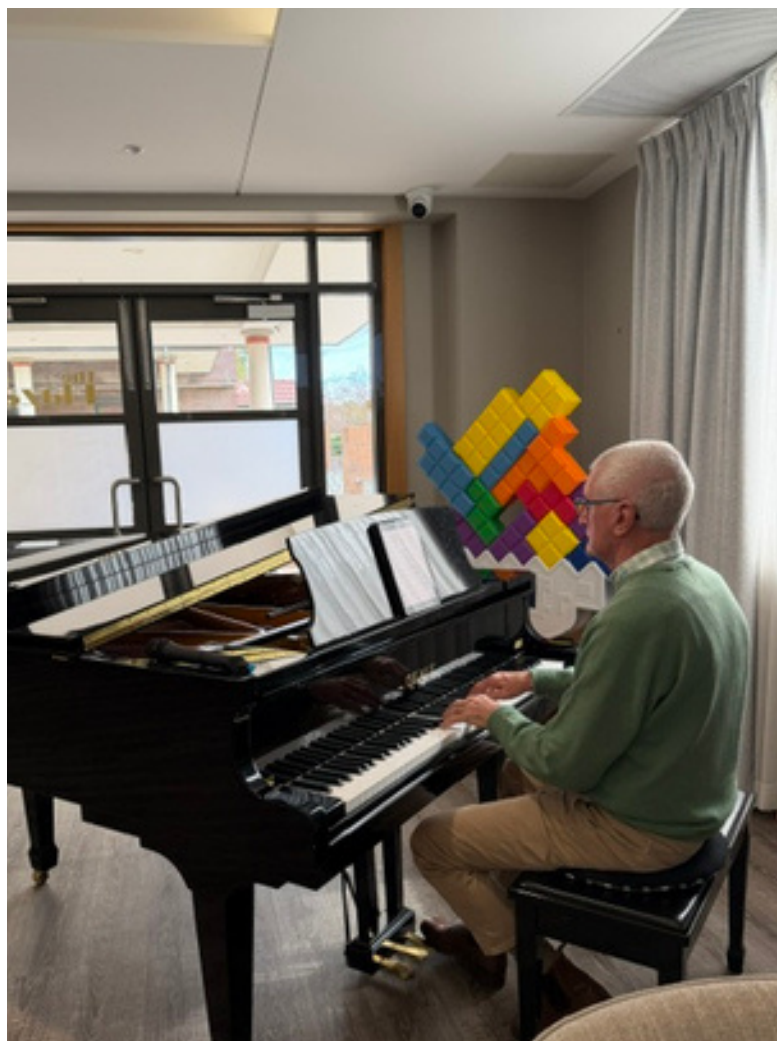
Resparke Bingo is proving very helpful. Audio and visual cues assist ease and enjoyable participation amongst the Resident cohort.





Puzzle parties
with our San
Clemente
student visitors
and Cards for
Connection are
always popular





We sincerely appreciate the musical talent and generosity of Phil McLeod. We are grateful to have you visit and play piano for us weekly, volunteering your time to us.

Thank you 😊



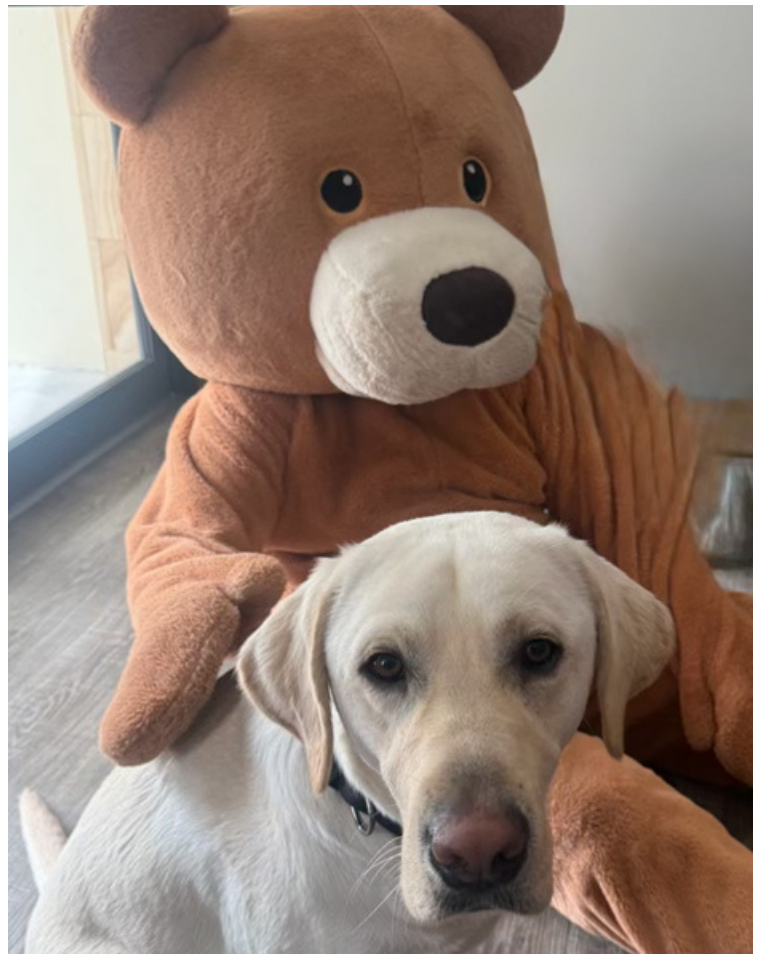
A wonderful day
was enjoyed by
all. The Birthday
of the Month
Concert with
Greg Mason and
a visit from the
Birthday Bear!















Cooking
with Deb
on
Mondays
makes for
a great
Morning
Tea on
Tuesdays



Stan Moyland visited during NAIDOC week the residents engaged in a lively Q&A with Stan and listened to his Didgeridoo performance, it was an informative afternoon celebrating indigineous culture



UPCOMING EVENTS

Seniors Rights Service Tuesday 11th August
11.30 Dudley Activity Room.

We are pleased to invite Residents and your loved ones to attend a Morning Tea Gathering and Photographic Exhibiton Presentation from Yve Lavine.

Thursday 13th August at 10.30am in The Plaza.
All Welcome!

Footy Club Outing Sunday 16th August.
Newcastle Knights

Come along and enjoy Morning Tea and The Merry Mellows presentation of The Bold and the Beautiful. A comical and satirical view of the Soapies!

Thursday 20th August at 10.30am in The Plaza.



Contact Yve

0417 430 088
info@lifestoryproject.com.au



About Yve

I'll help you and your family preserve your personal histories, memories, and values by transforming your lived experience into a professionally written life story, memoir, and legacy book.

This is a respectful, personal way to reflect on a life well lived and leave something meaningful for future generations.

"I was given one of those notebooks, the ones with the questions but I found it so stiff. Sitting chatting over coffee has been much better."
David, 88

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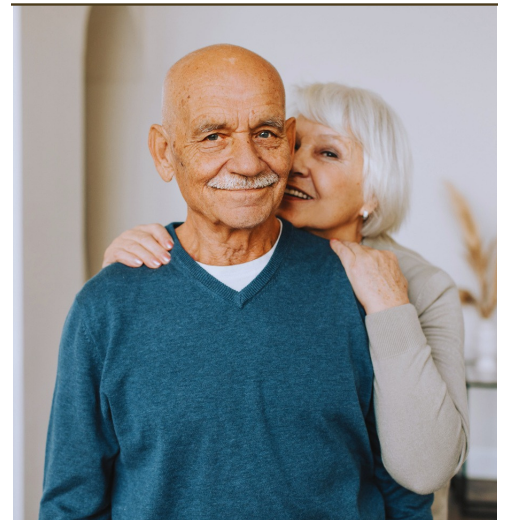
"It's been so lovely to tell my story and have something to share that shows my boys just how different life was back then."
Lea, 86

stLoirfies

stLoirfies

Your stories deserve to last forever

The LifeStory Project



Let's tell your story

Your voice, your stories beautifully captured and presented for generations to come

Preserve your LifeStory

Through thoughtful conversations and careful storytelling, I help individuals and families capture those memories in a lasting written legacy.

I come to you – whether that's your home, a favourite chair, or somewhere that holds special meaning. There's no need to prepare or worry about what to say. We simply talk, and I listen.

The process is simple

- 1  We chat.
- 2  I listen & record.
- 3  I craft and deliver your beautifully written book in your voice, your words.

The most valuable things we inherit are rarely possessions.

Whether you want to preserve your story, a parent's story, document a lifetime of experiences, or create a truly meaningful gift for future generations, the process is simple, personal, and entirely tailored to you.

Packages to suit every budget, from single interviews to full memoir packages

LaYvviene
Your Life Story Writer

Give the Gift of a LifeStory

The most meaningful gift you can give a parent or grandparent is their story, captured, written, and preserved forever.

Many families only realise too late how many memories were never asked about: childhood adventures, family traditions, life lessons, and the moments that shaped who they are.

Book a free 20-minute conversation



info@lifestoryproject.com.au

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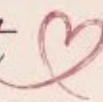


FACIAL HAIR REMOVAL — From \$10

FIRST FRIDAY OF THE MONTH

♥ FROM 9:30 AM ♥

♥ EVERYONE IS WELCOME ♥

Book with Bridgette Direct 

LOOKING GOOD. FEELING GREAT. LIVING WELL.

HELP SERVICES PRICE GUIDE

Weekly Concert/Happy Hour - \$18.00

Weekly Lolly Cart - \$7.00

Monthly Superior BBQ - \$13.00

Weekly Ice Cream Cart - \$7.00

Mother's Day Luncheon - \$52.00

Father's Day Luncheon - \$52.00

Christmas Luncheon - \$52.00

Footy Club Live Event - \$20.00

Ed Tonks Local History Focus - \$5.00

Beat it Music and Movement - \$7.00

Art Therapy - \$27.50

Bus Outing - \$26.00/hour
