



Mayfield Aged Care *Newsletter* September/October 2026



When Les Peterkin is not entertaining us here at MAC he enjoys getting out and about, recently his getaway trip to Melbourne visit saw him visiting the Cartier and Monet Exhibitions.
Fabulous!

Birthday of the Month



September and October has been a busy couple of months with birthdays GALORE! We continued to celebrate and acknowledge all Residents, Staff and Volunteers birthdays alike with cake, music and happy hearts!









Our MAC Team welcomes our newest addition, Baby Kai. Congratulations Laura from us all... a baby brother and playmate for Jack, Happy Days!



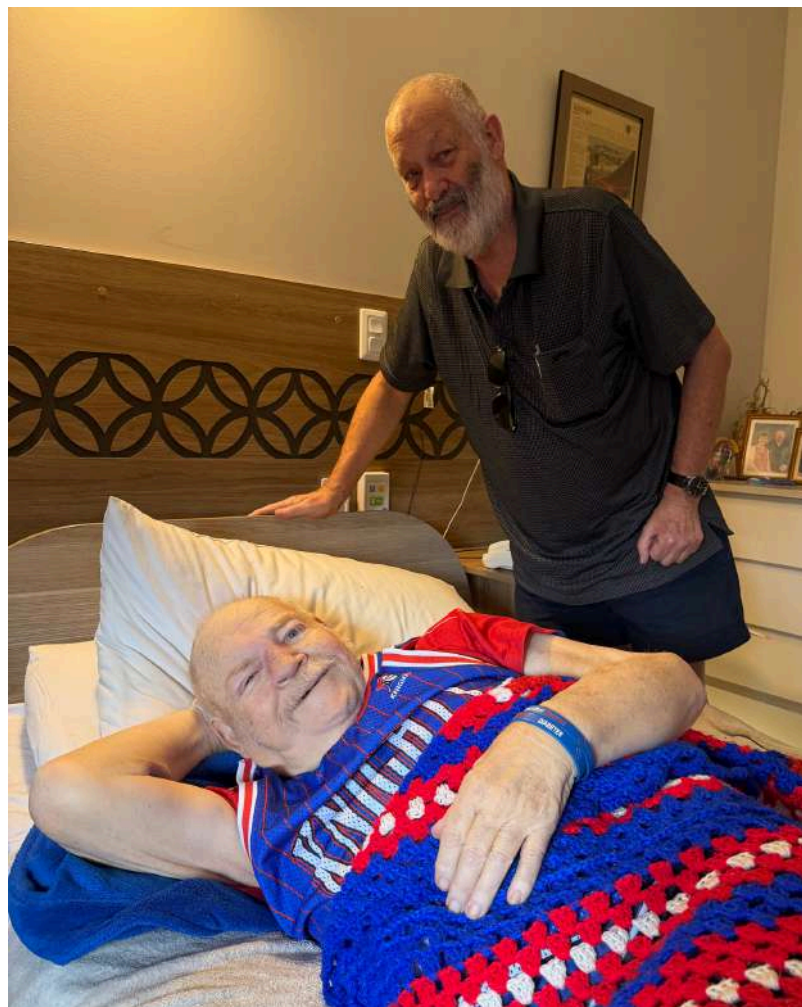
Thank you Deb for all that you do here at MAC. You are an invaluable part of our lives sparking joy and laughter. We appreciate your kind and caring passion towards helping us to enrich the lives of our Residents. You're a treasure!

Knights Fever took over this month at MAC... a tight contest was had this season with only a few points separating the place getters of the 2026 NRL Footy Tipping Competition.

Congratulations to our winners Gary Pitt, Gary Stephenson and Jill Wills.

Go the MIGHTY Knights!









The Rathmines Wangi Singers ensemble entertained us with popular show tunes and familiar songs, their energy is contagious...we'll see "The Boys" back by popular demand next year! Many thanks to Nita Budden and the Budden Girls for connecting MAC with such fabulous and fun entertainment.









MAC enjoyed
another fun
filled energetic
performance
from Adam
Price and the
Eagle Rock
Dancers!



Scratchleys on
Queens Wharf
turned up the
sunshine and
sparkling blue of
Newcastle Harbour
on our recent lunch
outing.
Fabulous food!
Fabulous venue!





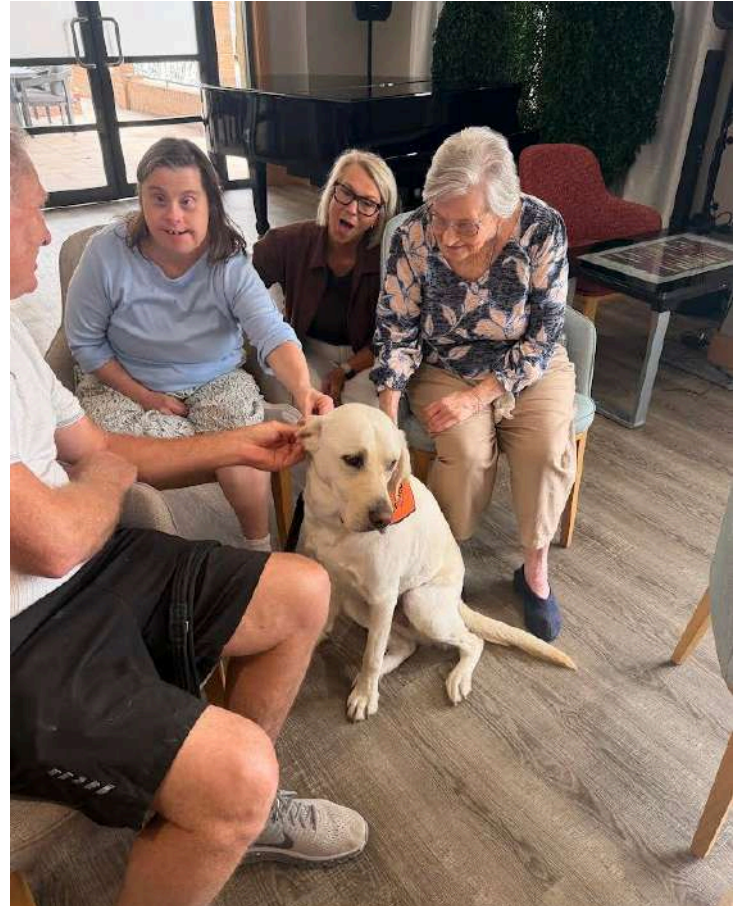
Greg Mason livened up his regular performance this month introducing...Kermit the Frog. Frogs apparently do go *"la de da de da"* at MAC!



We all enjoyed another wonderful energetic and fun filled visit with the children from Mayfield Early Learning Centre. We sang some familiar old Nursery Rhymes and were introduced to some new ones too!



Thank you Peter and Tommy for all that you do for our Residents and Families.. You're both a very important part of our week here and extremely popular members of our MAC Team.







104 Years Young!



Our Resident Beach Girl from way back celebrated a milestone Birthday this month Happy Birthday Elizabeth! It's our privilege to be a part of your care and share this day with you and your Family.



Hi, my name is Kate. I am your Care Manager at MAC! I have recently moved to the Upper Hunter area from Sydney, following the great words of Audrey Hepburn - "The most important thing is to enjoy your life - to be happy - it's all that matters".

I have been working within Aged Care for over 20 years in various roles and would not want to change my career path even if I won lotto!!

A few random things about me:

I grew up in Darwin, Northern Territory

I don't like peas and I prefer a sunset over a sunrise!

MAC on The Web.

The WAAG (Week at a Glance) Calendar will continue to be uploaded weekly to The Mayfield Aged Care website along with a digital Monthly Newsletter. Both are accessible by tapping the “News” icon on the homepage.

Resident's will continue to receive a hard copy of both. Hopefully, posting the WAAG and Newsletter will result in easy access and keeping loved ones up to date with upcoming and past events at Mayfield Aged Care.



We invite you to enter your Feedback through our TellTouch System, it's a fabulous way to gauge Resident opinion and engagement for events and regular happenings. Please ask Staff for assistance if you're uncertain how to get started, we are happy to oblige!

HELF SERVICES PRICE GUIDE

Weekly Concert/Happy Hour - \$18.00

Weekly Lolly Cart - \$7.00

Monthly Superior BBQ - \$13.00

Weekly Ice Cream Cart - \$7.00

Mother's Day Luncheon - \$52.00

Father's Day Luncheon - \$52.00

Christmas Luncheon - \$52.00

Footy Club Live Event - \$20.00

Ed Tonks Local History Focus - \$5.00

Beat it Music and Movement - \$7.00

Art Therapy - \$27.50

Bus Outing - \$26.00/hour

REGULAR HAPPENINGS

Les Peterkin Piano on Mondays at 10.30am in
The Plaza

Resident and Family Meeting is conducted in
The Plaza on the third Monday of each month
at 10.30am

Phil McLeod Piano Wednesdays at 10.30 in the
Plaza

Combined Service is held on the second
Tuesday of the month in The Plaza at 10.30am

Superior BBQ is held on the third Thursday of
each month in The Plaza at 12.00 Midday.

Friday Concert in The Plaza at 10.30am

Seated Exercise on Tuesdays in The Plaza at
10.30am

Physio Assisted Exercise on Tuesdays in
Dudley Activity Room at 10.30am
