



WEEK

at a glance

28/09 - 04/10

West Wing

Monday	10.30 Les Peterkin Piano (The Plaza) 11.30 Lunch Bus Outing 2.00 Floor Games (The Plaza)
Tuesday	Tommy (Therapy Dog) Visits 10.00 Gardening Group 10.30 Physio Assisted Standing Exercise (Dudley Activity Room) 10.30 Seated Exercises (The Plaza) 2.00 Board Games (The Plaza)
Wednesday	Footy Tipping/Treats Cart Pastoral Care Georgie Hoddle 10.30 Phil McLeod Piano (The Plaza) 2.00 Bingo (Merewether Activity Room)
Thursday	10.30 Footy Tipping Competition Presentation (The Plaza) 2.00 Scenic Bus Outing (The Plaza)
Friday	Tommy (Therapy Dog) Visits 10.30 Gary Davidson Concert/Happy Hour (The Plaza) 2.00 Movie Afternoon (The Plaza) Ice Cream Cart
Saturday	Tommy (Therapy Dog) Visits 10.30 Ten Pin Bowling (Dudley Activity Room) 10.30 Carpet Bowls (Merewether Activity Room) Resparke your Weekend Please ask Staff for Assistance
Sunday	10.30 Bingo (Merewether Activity Room) 7.30 NRL Grand Final (The Plaza)

★ Denotes HELF Services

★ Georgie Hoddle Wednesday Pastoral Care Room Visits